



#manninghamneedsheadspace

### What is headspace?

headspace is a non-profit organisation that provides mental health services to people aged 12 to 25.

## Calling all young people in Manningham - help us call for a local headspace!

Did you know Manningham has no headspace youth mental health service?

Wait times for help through existing headspace centres can be up to six months.

Suicide is the leading cause of death for 15 to 24 year old Australians.

Travelling to the nearest headspace can take up to 80 minutes via public transport.

### What action are we taking?

Through our #manninghamneedsheadspace campaign, we are raising awareness for our lack of youth mental health services and advocating for a local headspace.

### How can you get involved?

Share your thoughts on accessing youth mental health services and tell us why you want a headspace in Manningham.

Complete this five minute survey to win one of three \$50 Westfield Doncaster vouchers.

Entries close on Friday 1 July 2022.



Take the survey

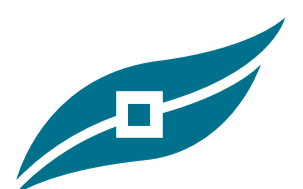
To find your closest headspace, visit [www.headspace.org.au](http://www.headspace.org.au) or call eheadspace on 1800 650 890.

In an emergency call 000 or Lifeline on 13 11 14.



Interpreter service **9840 9355**

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