

FREE 8 week program for male caregivers



At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting[™] program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning objectives of the program:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honour your innate wisdom and desire for your child to be secure

Wednesdays 6-8pm April 28th – June 16th Hackham Community Centre 72 Collins Parade, Hackham

Group places are limited – bookings essential.

For enquiries contact **Malcolm** (facilitator) on **0437 232 124** or <u>malcolmd@unitingcommunities.org</u> Or call the Hackham Community Centre on **8392 3080**



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