



Growing FAITH at home

PROPER 15

YEAR B

WE HAVE ETERNAL LIFE BECAUSE OF JESUS



Grow Ministries
LCA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au

Sunday between August 14 and August 20



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. What different foods have you eaten today?
2. What food have you enjoyed most of all?



BIBLE READINGS

Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.

1st reading

Proverbs 9:1-6
Wisdom's feast

2nd reading

Ephesians 5:15-20
Be filled with the Spirit

Gospel reading

John 6:51-58
Christ, the true food and drink

DISCUSS

Jesus said that he was 'bread from heaven' and that those who feed on him will live. In what ways is Jesus part of your life 'diet'?



ACTION RESPONSE

Ephesians 5:19 urges us to *sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts*. Spend time together with family and/or friends and make a list of your favourite Christian hymns or songs. Sing them or pray them together. You can also create your own playlist or songbook that you can use each week. Take them on your holidays or in the car each day.



MEALTIME PRAYER

Thank you God, for blue skies above us, green grass below us, good friends beside us and fine food before us. Amen.



PRAYER

Lord Jesus Christ, thank you for being with us, feeding us, and giving us eternal life that has already begun. Amen.



BLESSING

May your Lord Jesus Christ, the living bread, feed you, forgive you, and be with you always.

THOSE WHO EAT MY FLESH AND DRINK MY BLOOD ABIDE IN ME, AND I IN THEM.

JOHN 6:56

VERSE OF THE WEEK

