

Mother's Day



Hold My Mother Close.

Heavenly Father, hold my mother close to your Heart
as we hold her close to mine.

Let her know today and every day how much we love her.

Lord, comfort her mind and reassure her that her motherly
care was everything we needed and wanted.

And that we love her dearly.

Lord, comfort her body as she ages and grant her health
and vitality as she goes through her days here on Earth.

Bring all good things to my precious mother, dear God,
and bless her every day, in every way.

Amen.

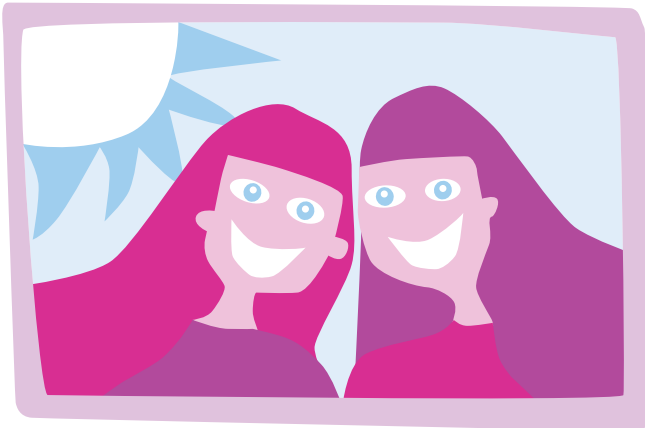


Mother's Day has been celebrated in Australia on the second Sunday of May since 1924, but Catholics have been celebrating a sort of Mother's Day since the first few centuries of the Church. The fourth Sunday of Lent, or Laetare Sunday, traditionally was a time to return to your mother church (home parish) and leave an offering.

Oops! Did you forget Mother's Day?

You can't deny that Mum deserves a day to be celebrated, but every year Mother's Day somehow creeps up on children of all ages much quicker than anticipated.

So here are 12 gifts that are free of cost but will guarantee to make your Mum feel loved and valued on her special day.



Send us a photo of your Mum enjoying her special day to **info@mountcarmel.tas.edu.au** so we can share via *The View* newsletter and on our social media.

Plan an evening of favourites.

One gift that is easy to personalise is an evening filled with all her favourites. Plan her favourite meal, do her favourite activities or even create a playlist of all her favourite music. The idea is to make everything about the evening all about her and to pamper her like she's never been pampered before.

The gift of cleaning.

There are so many things you can do to help Mum out to give her a break for the day. Things like cleaning up the house, washing her car, doing the laundry or just simply washing the dishes.

Plan a day trip.

With restrictions eased, it's a good day to get out in nature and enjoy time together. Pack a simple picnic lunch and find a park or walking track. Mum will appreciate the joy from getting out of the house and enjoying time together.



Breakfast in Bed.

If you can think ahead and make a delicious breakfast to surprise mum with, she will be thrilled! Some ideas for breakfast include: pancakes, eggs on toast, homemade muffins, fresh fruit, orange juice, tea and coffee.

Write her a letter or poem.

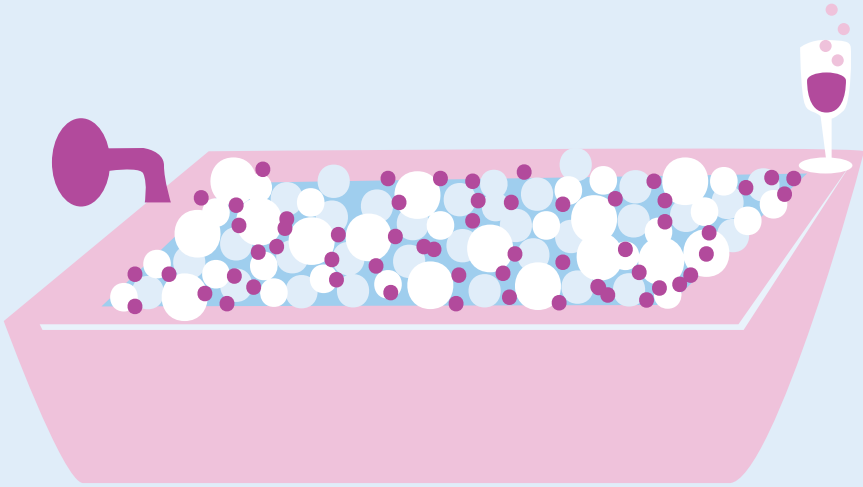
We live in a world where handwritten notes are becoming more and more rare so why not write your Mum a letter or poem that she can come back to over and over again to remember how much she is loved.

Make a meal.

Cooking is a wonderful way for you to display your love and affection for Mum. It doesn't have to be expensive or messy... just something that you know Mum will enjoy. For younger children, why not plate the meal and serve it to Mum as she "relaxes".



AND MORE



Offer a service.

Sometimes the best gift is one that is truly needed but the recipient won't tell you that they need. This could be anything from helping to clean the house to a movie night of her choice and anything in between. Make Mum a Mother's Day Coupon Book with personalised coupons she can redeem throughout the year. Some ideas could be:

- Breakfast in Bed
- Dinner of her choice made by you
- A load of laundry
- A mani/pedi
- Make a cup of tea
- A bubble bath
- An hour to herself
- Cleaning your room
- Movie night of her choice
- An ice cream date
- A BIG hug
- Make her favourite dessert

Get crafty.

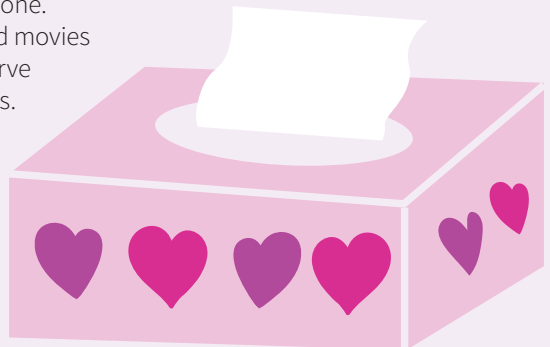
If you or someone else in your family are handy with things like tools or at crafting, why not make your Mother's Day gift? Do a little research and find out what Mum has been wanting but couldn't afford and have a go at making it for her. This is one of the best free Mother's Day gifts out there.

Create a card.

Why spend money on a Mother's Day card when you can create your own one-of-a-kind original design? Take inspiration from her favourite colour or things that she likes to do or even the reasons why you love her. Just add your own personal touch and Mum will be sure to love and cherish it.

Plan a movie night.

This budget gift is great for everyone. Plan an evening centered around movies – watch her favourite movies, serve some popcorn and movie snacks.



Photographic memories and moments.

Why not create a photo gift with the help of technology? Create a collage or a moving slideshow with Mum's favourite music and send her on a trip down memory lane.

Plan a pamper session.

This one is a goodie, with 'pamper' generally meaning 'give Mum some peace and quiet'! Allow Mum to sit down with her favourite music and a cup of tea (or glass of wine), massage her hands and feet, apply a face mask and put cucumber circles on her eyes. And add that special touch by serving her a chocolate or her favourite treat.

