

Year 1 Curriculum Letter - Term 1, 2026



Dear Parents,

Welcome to the Year 1 learning space! We hope you all had a wonderful summer break with family and friends. We look forward to sharing an exciting year of learning with you. We would also like to extend a warm welcome to the new families who have joined our school community.

The children have navigated new routines, expectations and environments extremely well. To support your child in building their independence we ask you to consider the morning drop off and afternoon pick up routines. If your child is struggling with separation in the morning, please do not hesitate to talk to us about how we can assist with the process. Having an audience can sometimes cause unintentional apprehension or unease. Often, a “kiss and go approach” can alleviate any disquiet towards starting the school day. We can assure you that on entering the building and classroom, the children are ready to start the day. To alleviate any worries and concerns at the end of the day, please ensure your child knows how, where and when they are being collected.

A vital part of learning is perseverance when things get hard. We will support your child to embrace the struggle of learning. Our mantra in Year 1 is, “*We can do hard things.*” If something is hard it means the learning is new. We want to try and prevent children from avoiding classroom activities because they seem difficult at first. We are hoping to foster a growth mindset in our learners and we appreciate your support in this endeavour.



Classroom Supplies

As we begin the new year please ensure your child has a **pencil case** for their belongings at school. We will continue to use the **blue pouches** from Prep to send home notices and additional resources. Please ensure the blue pouch is always in your child’s school bag. If your child does not have a pouch we will give them a blue plastic folder to use.



RELIGIOUS EDUCATION

Our Religious Education Units for this term include: “The Beauty of Creation” and “The Easter Story.” In the unit “The Beauty of Creation,” the students will focus on learning about God as a Creator and how they can be stewards of creation. Towards Easter, students will explore the meaning of Lent and how it prepares us for this important time in the Liturgical Calendar.

ENGLISH

Reading & Spelling

In Year 1, students will continue to follow the engaging and evidence-based daily Literacy program, ‘Little Learners Love Literacy’ (LLLL) to acquire skills in Reading and Spelling. This structured and explicit program utilises a variety of activities to learn the 44 sounds of the English language and principles of the alphabetic code. Letter and sound correspondence developed in Prep continues as students build on their decoding skills and work towards reading with fluency and confidence.



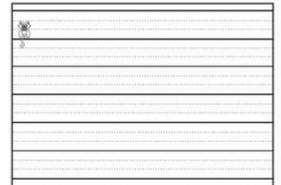
We will also use big books, digital texts, story books and games to examine comprehension reading strategies such as predicting, sequencing events in a story and identifying the author’s purpose.

Term 1 begins with a strong focus on revising the sounds learnt at the end of Prep:

Sound/focus	Example word
ai ay	snail play
ee ea	tree sea
- y	baby
igh ie -y	night pie by
oa	goat
homophones	to, too, two
short vowels	hat, egg, pig, hot, shut
-ing suffix	flying

Writing

Students will explore the recount writing genre each week with a weekly weekend recount on Mondays. To assist with this, it is very helpful to chat with your child about the events from their weekend. Students will focus on using time connectors, good sentences, past tense and punctuation.



Handwriting will be targeted using the Victorian modern cursive student book. This will support students with correct pencil grip along with letter formation, placement and spacing using dotted thirds.

Speaking and Listening

Students will have opportunities to present to their peers during class throughout the term. This will include formal and informal speeches and presentations. The students will also be supported in asking suitable questions to gain additional information from a presentation.

Library

As you may be aware, our new Library is now up and running. Our Year 1 weekly borrowing session is timetabled for Wednesdays. Over the next few weeks, students will be decorating a library bag at school, which they will use during their library sessions. Please note that library bags must be at school on borrowing days for students to borrow books. We kindly ask that borrowed books are returned promptly so all students can continue to participate in borrowing.

Home Readers

The home reading program will commence in the coming weeks. An online version of the LLLL texts which are read in class will be made available to students for home reading. Repetition is essential when developing fluency across any learning concept and reading is no exception. Children are therefore encouraged to read the same text multiple times to strengthen recognition and recall, moving beyond decoding (sounding out). Fluency and prosody

can only be mastered once decoding is no longer necessary. Revisiting, rereading and replaying word games, books and songs are invaluable ways to support your child’s literacy development at home.

MATHEMATICS

This term, Mathematics focuses on building strong foundations in number knowledge. The children will investigate:

- Number - Counting & Place Value
 - recognising, representing & ordering numbers to at least 120
 - counting groups
- Number - Addition & Subtraction
 - partitioning one and two digit numbers
 - adding and subtracting numbers to 20
 - problem solving
- Statistics - Data
 - gathering & recording data
 - comparing data



If you wish to support your child’s maths fluency at home a great place to start is revision of friends of ten. These are the numbers that you can add to make 10. Quick recognition and recall of these simple addition equations assists when dealing with more complex adding and subtracting.

INQUIRY - “Feelings, Friends and Finding My Way”

This term, students will explore ways of making and keeping friends, including how our actions and words can help or hurt others. To assist in naming and understanding feelings, children will revise the Zones of Regulation and how to regulate our emotions. Children will complete activities that support building and maintaining friendships and what it means to use words such as kindness, support, acceptance and respect. They will provide examples of respect towards others, using words and actions. This has strong links with our Wellbeing focus.



WELLBEING

This term, the Year 1 students will continue their work with the ‘Zones of Regulation’ as we strive to build a safe, supportive learning environment for all. We will work towards increasing students’ self awareness and social and emotional skills, with a strong focus on communication, resilience and problem solving.

TERM 1 TIMETABLE - Year 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Reader allocation (will begin soon)		Visual Arts	Performing Arts	Year 1 Class Sport Sports uniform
		Health & Phys. Ed Sports uniform	Mandarin	Assembly (MPR)
		Library borrowing		

Anaphylaxis and Allergies

Sacred Heart is a 'Nut Aware' school. We would appreciate your cooperation in refraining from sending food, snacks or treats (made or packaged) that contain nuts (e.g. peanuts, cashews, peanut butter and Nutella) to school or any school gathering. If your child has a medical management plan, please ensure this is uploaded on the nForma Parent Portal.

Birthday Treats

Should your child be celebrating a birthday and wish to hand out treats please send in a commercially wrapped treat. Any treats provided to the class will be saved by the children to take home. For safety purposes we kindly request no lollypops. So that all children can share in the celebration, please consider students who may have allergies or specific intolerances. We appreciate your ongoing support with this.

SeeSaw

Thank you for connecting to our class SeeSaw accounts. If you haven't yet, please do so. We will use this platform in two ways:

1. As a portfolio of student work for you to see achievements and progress
2. As a learning tool during class

Communication

Please refer to the School Newsletter (emailed fortnightly on Fridays), and the Audiri App for more information about upcoming school events. We appreciate your timely response and completion of all nForma forms.

If you have any need to contact us throughout the term we would love to hear from you via the usual methods - a phone call to the office or an email to admin@shkew.catholic.edu.au that Caroline Reid will forward and we will respond as soon as possible.

We are looking forward to a wonderful year of learning and discovery.

Helen Chirio and Chelsea Bilney

Year 1 Important Dates - Term 1

Friday 13th February - Whole School Welcome Picnic

Tuesday 17th February - Shrove Tuesday

Wednesday 18th February - Ash Wednesday

Thursday 19th - Open Day 9:30 - 10:30am #1

Friday 20th - Semester 1 Class Captains and Environmental Monitors Assembly

Thursday 5th March - Friday 6th March - School Closure Days

Monday 9th March - LABOUR DAY

Friday 20th March - Multicultural Day

Tuesday 24th March - Open Day 9:30 - 10:30am #2

Wednesday 25th March - Parent/Teacher Chats 12:45pm finish

Wednesday 1st April - Sport Day

Thursday 2nd April - END OF TERM 12:45pm finish

Mon 6th April - Friday 17th April - Term 1 School Holidays

Term 2 Begins Monday Monday 20th April

*Note school photos will be in Term 2 Thursday 23rd April 2026