

Work and Study Service

Referral Form (external partners)

Young people can self-refer by calling 1800 810 794 or visiting www.headspace.org/work-and-study

Service overview

headspace Work and Study is a free employment and education support service for young people aged 15-25. The service connects young people with Work and Study Specialists to assist them with their work and/or study goals. The service is delivered entirely online, via phone, webchat or video conference.

While Work and Study Specialists are experts in the vocational field, they do not have a background in youth mental health. Our vocational specialists are available to work with referring clinicians, and other service providers where appropriate to support the vocational needs of the young person. The service has mental health Clinicians on staff to consult with vocational specialists and to support a small caseload of service participants.

Consent to Share Information and Referral

<u>Please ensure this information has been read and discussed with the young person you are referring:</u>

This referral and all information it contains will be received and processed by the Work and Study team. If they need any clarification they will contact the referrer. A member of the team will then make contact with you, give you some more information on the service and organise your first session. With your permission, your Work and Study Specialist will work together with your referrer to best support you to achieve your work and study goals.

It is important for you to know that the service uses the same data system as eheadspace, if you have accessed eheadspace previously (or access eheadspace in the future) your notes, webchats and emails will be visible to Work and Study staff. Using the same system helps ensure you get the most appropriate service and support. Work and Study will only access information that helps them in supporting your work and study goals or if they are concerned about your wellbeing. In this instance they will only do so with the interest of supporting you and in consultation with a Clinician.

Referrer details (details of individual making the referral):

Name:	Phone:
Organisation and role:	Email Address:

Young person's details:

*Please check that all details are accurate especially email address:

Name:	D.O.B:	Gender identity &	
		pronouns:	
Email:			
Phone:			
Residential address:			
State:			
otate.			
Postcode:			
Cultural identity and professed lenguage.	The Service has an	Interpreter required.	
Cultural identity and preferred language:		Interpreter required:	
	Aboriginal and Torres		
	Strait Islander		
	Specialist. Does the		
	young person identify		
	as Aboriginal and/or		
	Torres Strait		
	Islander?:		
Does the young person consent for the Work ar	nd Study service to make	contact via SMS?	
□ Yes □ No			
Young person's next of kin contact:			
person o nom o num o num o			
Name:	Phone:		
Relationship to young person:			
Treationship to young person.			

Young person's work & study status:

Primary reason for referral to service (eg. young person is looking for work):			
☐ Identifying strengths and building confidence			
☐ Career exploration			
☐ Researching courses for university or TAFE			
☐ Job search preparation e.g interview skills, resume and cover letter writing			
☐ Job seeking e.g find employment opportunities			
☐ Other -			
Current work status:	Current study status:		
 □ Unemployed –looking for work □ Unemployed – preparing to look f □ Unemployed – not looking for work □ Employed – looking to change jok □ Employed (casual, part-time or fu 	k		
Does the young person experience any learning difficulties and/or any psychosocial constraints that may impact their capacity to engage in work and study?			
Young person's mental health (to be completed if they are accessing clinical support through your service): This information is collected to understand the impact of the young person's mental health on their engagement with work and study. If potential benefits are identified in gaining further information, the service may contact the referrer to establish a plan about how we can best support the young person's needs and preferences. Is the young person receiving clinical support with your service? Yes \(\sigma\) No \(\sigma\) Have previously \(\sigma\)			
If they are, or have previously, does the young person provide consent for clinical care collaboration to occur? Yes \Box No \Box			
If yes, we will be in contact to discuss how we can best support this young person's goals in our service			
Other relevant service/s involved in supporting the young person:			
Name:	Phone:		
Organisation:			
Name of regional Work and Study Specialist (if known):			

On completion (one referral per email)

PLEASE attach to an email addressed to: help@headspace.org.au