

TEENAGER PARTY SAFETY PROGRAM

Giving young people and parents the skills to plan safe safe celebrations.

Across the country, teenagers as young as 13 are heading out to an event or having their own parties without quality practical information on how to stay as safe as possible. Some of the possible questions they should be thinking about are as follows:

- Am I going to tell my parents where I am going?
- What should I take when I go out?
- What should I do if alcohol/drugs are available?
- What are my friends going to say/do?
- How am I getting home?
- Making the right choices about going to a celebration

Naomi Oakley has used her experience as former police officer, a Risk Reduction Trainer and a security business owner providing security/support to teenage parties (over 5000 parties) to create a new seminar presentation for our community called 'A Night Wasted'.

Some of the practical tips Naomi offers to parents are:

- Get involved in your child's social activities
- Know where they are if they are staying at someone else's house
- Offer some practical party planning advice such as alternative methods on inviting guests (<https://www.paperlesspost.com/>)
- Compliance information if alcohol is involved
- Always ensure there is adequate adult help and security at parties
- Why do we need to inform the Police

"Before our teenagers head off to parties, parents need to make sure they find out who is having the party, how many parents are present and what level of crowd control there is before they let them go. It is worth it to ensure their child is safe," Naomi says.

"We continue to see young people hospitalised every weekend due to alcohol, with 1,530 15-19 year-olds being reported in 2019-2020. That's almost 30 each week. Sadly, deaths also occur amongst this age group." said Paul Dillon, Director of Drug and Alcohol Research and Training Australia (DARTA).



For more information, email Naomi at u.nomesecurity@icloud.com