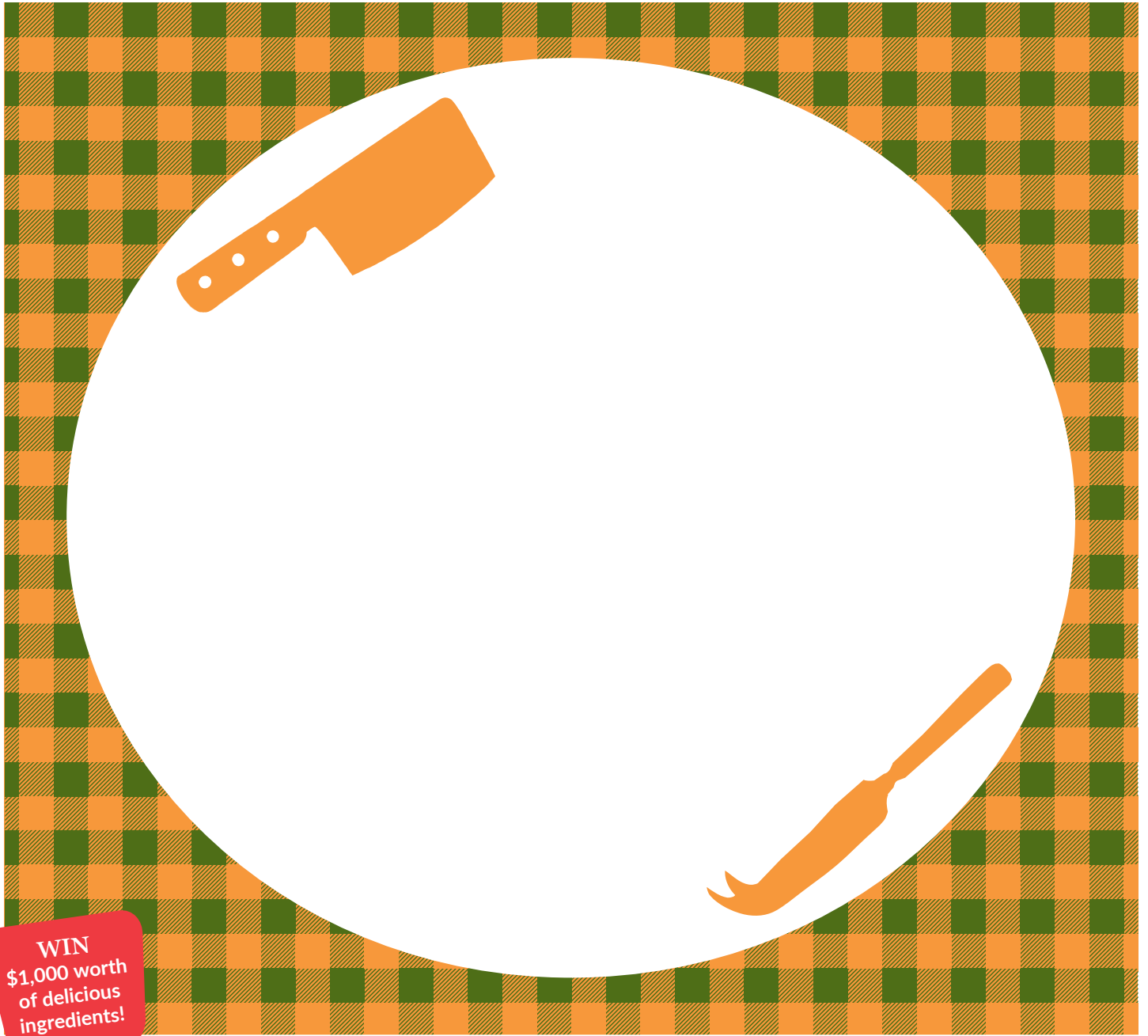


Healthy Bones Action Week | 12 – 18 August 2024

# Grazing Plate of the Imagination



WIN  
\$1,000 worth  
of delicious  
ingredients!

Draw your most delicious **Grazing Plate of the Imagination** in the space above, or make a real Grazing Plate of the Imagination, and snap a photo! Load up your plate with lots of yummy cheeses and dairy-packed dips to keep those bones healthy and strong. 1st Prize is a \$1,000 pack of delicious dairy for your school or service from Saputo Dairy Australia. Fabulous 2nd and 3rd Prizes are also up for grabs!

Email a scan or photo of your creation to [competitions@kitchengardenfoundation.org.au](mailto:competitions@kitchengardenfoundation.org.au) before midnight 6 September 2024. For more information, please visit: [bit.ly/SaputoTsandCs](https://bit.ly/SaputoTsandCs)

Learn about the importance of dairy for healthy bones at: [www.dairy.com.au/health/healthy-bones](http://www.dairy.com.au/health/healthy-bones)

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*Healthy living  
starts here*