

Keeping Kids In Mind

Keeping Kids In Mind is a five week course offering support for separated parents in a time of change and uncertainty, helping them understand the impact of separation or divorce on children.

- handle strong emotions better
- understand how entrenched conflict affects children
- tips for parenting during tough times

This course satisfies the requirements of a court ordered separated parenting course.

Registration is essential.
Course entry by interview
To book your place
please call

1800 372 826

WHEN: 5 x Thursdays

10am - 12.30pm

26 May & 2, 9, 16, 23 June 2022

WHERE: 150 Rusden Street,
Armidale

COST: \$100 waged \$70 unwaged
(payment plan available)



 **Centacare**
New England North West
Rural Resilience
THE SOCIAL SERVICES AGENCY OF THE CATHOLIC DIOCESE OF ARMIDALE

 **FAMILY**
RELATIONSHIP CENTRE
HELPING FAMILIES BUILD BETTER RELATIONSHIPS
 **An Australian Government Initiative**