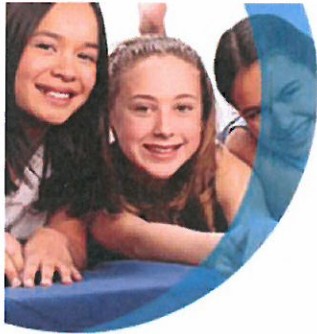


Sexuality Education

More than the Facts of Life

INFORMATION FOR PARENTS



The program has been designed to help schools implement particular aspects of the health curriculum; including the physical, social and emotional changes at puberty.

The approach used is simple, straight-forward and sensitive. The content of the sessions is age-specific and interactive, using a variety of audio-visual materials, discussion and games.

The program respects and supports the role of the family in sexuality education.

YEAR 5-6 PROGRAM

■ Look I'm Changing

This session focuses on providing information about the physical changes of puberty for boys and girls. Periods and sperm production are discussed.

■ I'm in Charge

This session will give students an opportunity to discuss some of the common emotional changes that young people may experience at puberty. Discussion of mood swings and their effects will also take place.

■ What's It All About

The process of conception, foetal development & birth are covered in the context of family relationships.



RECOMMENDED BOOKS

PUBERTY BOY - \$25

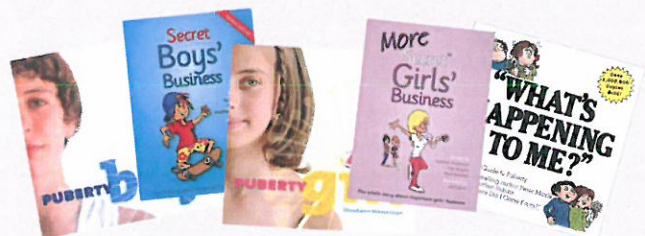
PUBERTY GIRL - \$25

SECRET BOYS' BUSINESS - \$15

MORE SECRET GIRLS' BUSINESS - \$15

WHAT'S HAPPENING TO ME - \$15

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YEAR 3-4 PROGRAM

■ Myself and My Family

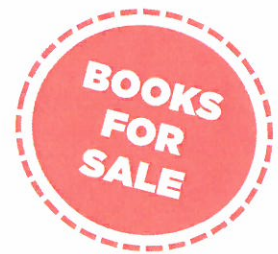
This session discusses how families work and what it means to be in a family. Children will learn to understand their own family unit, the key message being that families come in all shapes and sizes.

■ Body Parts and Functions

The class will learn how to tell the difference between a male and a female, including exploration of some gender stereotypes. The session will encourage naming of body parts and functions.

■ Reproduction, Pregnancy and Birth

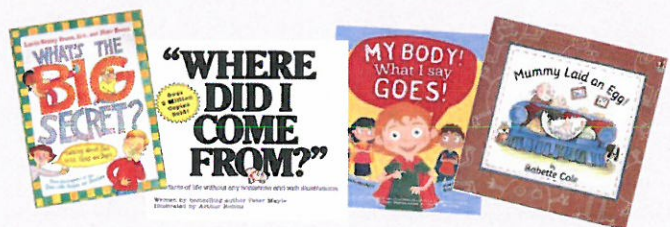
Reproduction will be discussed in the context of family relationships, including conception, foetal development & birth



RECOMMENDED BOOKS

WHAT'S THE BIG SECRET - \$15
WHERE DID I COME FROM - \$15
MY BODY, WHAT I SAY GOES - \$15
MUMMY LAID AN EGG - \$15

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PREP - YEAR 2 PROGRAM

■ My Family and Me

This session will discuss some of the ways families can be similar and different. Family will be acknowledged for their role in the lives of children. The session will also discuss:

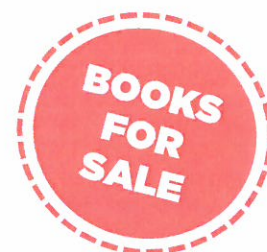
- A baby begins when an egg and a sperm join
- Some of the features of a baby as it grows
- The birth process explained simply

■ Me and My Body

This session discusses some of the similarities and differences between male and female bodies:

- Male body parts: penis and testicles
- Female body parts: breasts, uterus, ovaries and vagina.

Ideas about privacy and protective behaviour are also discussed.



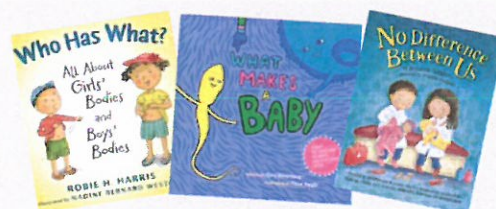
RECOMMENDED BOOKS

WHO HAS WHAT: ALL ABOUT GIRLS' BODIES AND BOYS' BODIES - \$20

WHAT MAKES A BABY - \$25

NO DIFFERENCE BETWEEN US - \$15

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