

MENU - TERM 4, 2020

Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED.

Please see Website 'Order Now' page for Days we deliver to your School!

LUNCH ITEM ONE

SALADS

Greek Style Salad with Feta and Olives (V, GF)
Pic(k)nic Box – Vegetarian (V, GF)
Pic(k)nic Box with Ham (GF)

SAVOURY MUFFINS

Zucchini, Pea & Mint Homemade Muffin (V) Pumpkin & Feta Homemade Muffin (V)

SUSHI

Teriyaki Chicken Hand Rolls (2) Cooked Tuna Hand Rolls (2) Avocado Hand Rolls (2) Cucumber Hand Rolls (2) Vegetarian Hand Rolls (2)

BAKERY

Cheese and Bacon Roll
Cheese and Vegemite Scroll (w/m)
SCROLL with Ham & Cheese
Semi Dried Tomato and Olive Scroll
Topped with Only Cheese Roll

PITA PIZZA'S

Margherita Pita Pizza Ham and Pineapple Pita Pizza Fresh Tomato and Italian Herb Pita Pizza Spinach and Feta Pita Pizza

SANDWICHES, ROLLS & WRAPS

Turkey, Cranberry, Lettuce and Cheese Sandwich
Gluten Free Ham & Cheese Sandwich (GF)
Cucumber & Ham Sandwich (GF)
Vegemite Sandwich
Mild Salami and Salad Roll
Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
Cheese and Salad Roll
Wholegrain Cheese and Tomato Sandwich
WRAP (GF) Ham and Salad
GF Vegemite & Tasty Cheese Sandwich
Chicken and Salad Roll

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

Fresh Fruit Combo
Freshly chopped Strawberries & Grapes
Apple with Lemon Juice, Brown Sugar & Cinnamon
Freshly chopped Watermelon
Celery & Carrot Sticks with Sultanas
Chopped Carrot, Cucumber, Red & Yellow Capsicum
Whole Fruit – Banana
Lightly Steamed Corn Wheels with Broccoli
Sugar Snap Peas, Beans & Cherry Tomatoes
Edamame (Lightly Salted)
Freshly Chopped Orange Segments
Cherry Tomatoes with Tasty Cheese & Rice Crackers

BAKED GOODS

Choc Chip Cookie Finger Bun with Sprinkles Hedgehog Slice Choc Cup Cake (GF,DF) Blueberry Muffin

YOGHURT

Strawberry Chobani Yoghurt Blueberry Chobani Yoghurt Plain Chobani Yoghurt Passionfruit Chobani Yoghurt

DIPS & CRACKERS

Tzatziki Dip with Rice Crackers Avocado Dip with Rice Crackers Spring Onion Dip with Rice Crackers

POPCORN/SNACKS

Popcorn, Lightly Salted Popcorn Slightly Sweet, Lightly Salted Lightly salted Fav'va Beans

DRINKS

Apple Juice Orange Juice Full Cream Milk Nippy's Chocolate Milk So Good Soy Milk

Healthy, Interesting & Affordable Lunches Delivered to School!

For more information; Ingredients, Portion Size and Pricing visit the Our Menu Page at

www.classroomcuisine.com.au