## Small changes, big differences.





## Positive Parenting Seminar: Raising Responsible Teenagers

Help your teen make good decisions, be reliable and take part in family life.

This seminar will provide strategies to teach and encourage the following skills:

- Being respectful and considerate
- Getting involved in family activities
- Developing a healthy lifestyle
- Being reliable
- Being assertive

**DATE:** Thursday 17<sup>th</sup> November

TIME: 6PM - 8PM

**VENUE:** Fremantle College, Performing Arts Centre

PRESENTERS: Brooke Ramsay and Erin Gothard-Fox

## **BOOKINGS AND INFORMATION**

This **free** seminar will be presented by the college psychologists, and is suitable for **all parents** of teenagers and children transitioning from primary school to high school in 2023.

**Register online by <u>clicking this link</u>** or by searching for this session by location (Fremantle) at www.triplep-parenting.net.au/wa.