

St Paul Lutheran School SPLASH - OSHC

Vacation Care Program

September 25th – October 12th 2026

Address: 44 Audrey Avenue, Blair Athol 5084

Phone Number: 0408 838 637 OR 7078 8541

Email: splash@stpaulba.sa.edu.au

Director: Felicity Torpstrom

Assistant Director & Educational Leader: Dianne
Brown



Program Information

The October holidays are fast approaching, beginning on Friday 25th September School Closure Day and continuing for 10 days until Monday 12th October School Closure Day. (Public holiday 5th October) SPLASH will provide a full program of fun and engaging events including excursions, incursion, and in-house activities.

As an Australian Government funded childcare service, we are required to allocate places to those families with the greatest need for childcare support. Priority of Access is as stipulated in the Australian Government Child Care Service Handbook section 6.3. SPLASH is required to follow Priority of Access guidelines when allocating places for childcare. This involves, when necessary, giving 14 days' notice requesting a child of lesser priority to vacate their place in childcare for a child in a higher priority situation. Further information regarding Priority of Access can be found at <https://www.education.gov.au/priority-filling-child-care-places>.

Please book early to secure your place in the program.

Fees

- In house days - \$70:00
- Incursion Days - \$80:00
- Excursion Days - \$90:00

Breakfast

Time = 7:00am – 8:00am

Cost = \$5.50

Excursions

Excursions have a capped number and waiting lists may apply before the closing date.

Transportation information:

On SPLASH excursions we use a reputable private bus company. Depending on the number of children attending the excursion we will use a 50 or 57-seater bus and often a 13 or 25-seater minibus. All buses come equipped with seatbelts. Supervision on the buses adheres to our minimum requirements of 1-15 with at least two adults on each minibus and 4 adults on the larger 57-seater bus. By the start of the week of an excursion a Risk Assessment is completed and is available at the Splash sign in desk. Policies and procedures for transporting children are also available upon request.

Opening Times

SPLASH is open 7:00AM – 6:15PM

- As with term time a late pick-up fee of \$2.50 per minute is applicable.

Cancellation Policy

7 days' notice must be given prior to the date of booking. Cancellations within the 7- day period may be charged an absent fee unless there is a waiting list.

General Information

- Please book online by 5pm Friday 18th September 2026.
- Book your spots and fill in permission forms online early to avoid disappointment.
- One booking form per family: please complete it online.
- Late bookings will not be guaranteed a place.

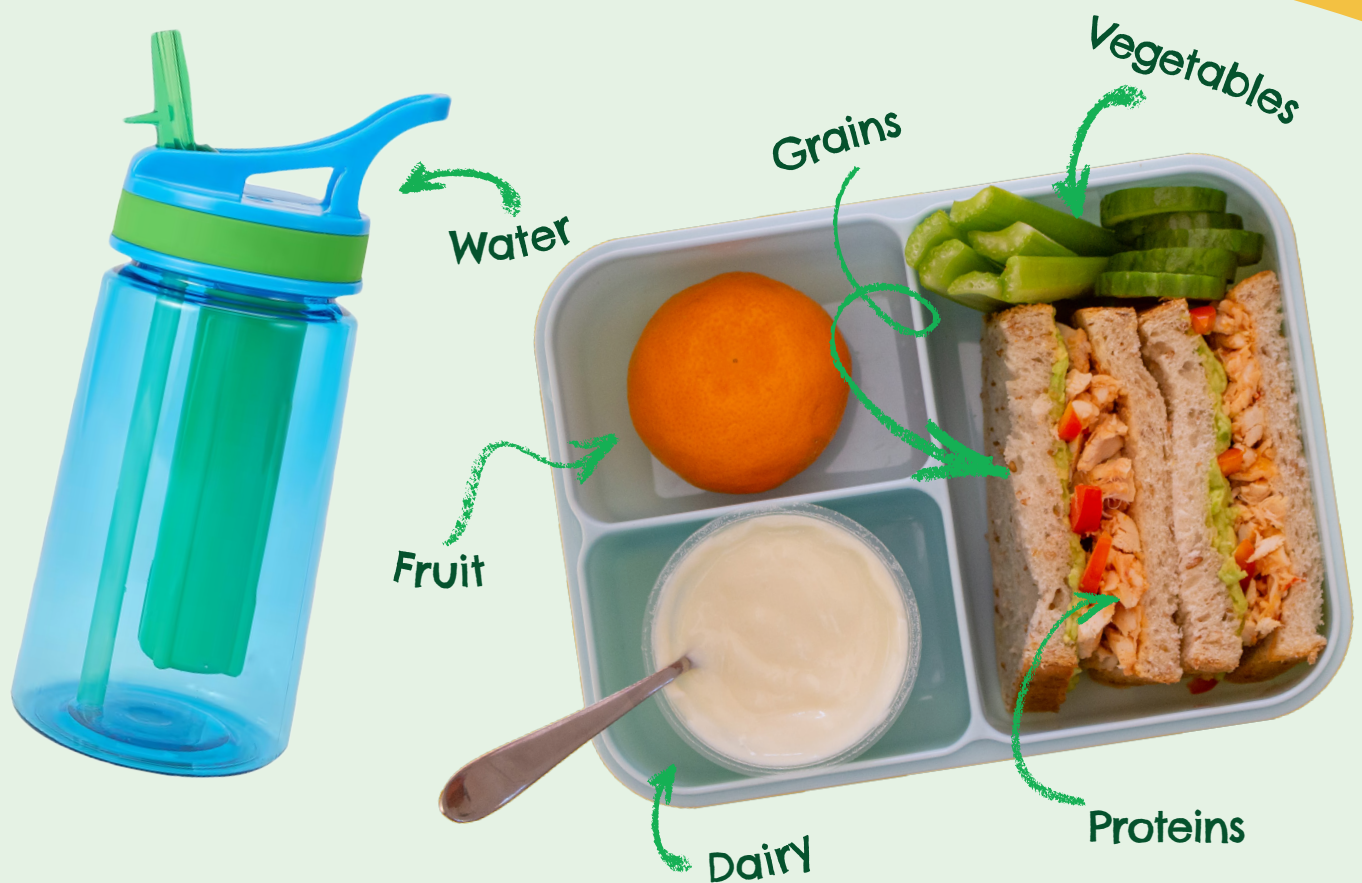
Program Week 1

Friday 25th September School Closure Day Children's Chill Out Day 	INHOUSE: \$70.00 Suggested by Darcy (C) Outcome 3.1: Children and young people become strong in their social, emotional and mental wellbeing. Today will be a day focused on relaxation and wellbeing. The children will begin their day with yoga, quiet reading, and mindfulness games. In the afternoon, they will have the opportunity to enjoy face painting and nail painting, followed by some fun dancing activities. To end the day, the children can relax and unwind while watching a movie with their friends. We look forward to a fun, peaceful, and enjoyable day for everyone. What to bring: A hat, healthy snack, recess, lunch and drink bottle.
Monday 28th September Fun Fitness Day 	INHOUSE: \$70.00 Suggested by Holly Outcome 3.3: Children and young people are aware of and develop strategies to support their own mental and physical health and personal safety Today is Fun & Fitness Day, where we enjoy a variety of active games across the park, basketball courts, and hall. What to bring: A hat, healthy snack, recess, lunch and drink bottle.
Tuesday 29th September The Safety Squad 	INCURSION: \$80:00 Suggested by Freja (C) Outcome 3.3: Children and young people are aware of and develop strategies to support their own mental and physical health and personal safety Today, an instructor from The Safety Squad Children's First Aid will be visiting to teach the children basic first aid skills. If you would like your child to take part in this exciting learning experience, please make sure they arrive before the session starts. INCURSION 10:00am – 11:30am. In the afternoon Senior Constable Brett Massey will be visiting us, this will be a valuable opportunity for children to ask questions and to understand the important work Police officers do. What to bring: A hat, healthy snack, recess, lunch and drink bottle
Wednesday 30th September Piccadilly Cinema 	EXCURSION: \$90:00 Children's choice Outcome 5.1: Children and young people engage with and gain meaning from a range of visual images and texts. Today, the children will travel to Piccadilly Cinema to watch Shaun the Sheep. Splash will provide a snack for all children. Please ensure your child brings a drink bottle on this day. We are looking forward to a fun and exciting outing. Excursion Time: 11:45am – 2:45pm What to bring: A hat, fruit snack, recess, lunch and drink bottle.
Thursday 1st October Young Engineers 	INCURSION: \$80.00 Extension of Learning (Building with Lego) Outcome 4.1: Children and young people develop a growth mindset and learning dispositions such as curiosity, cooperation, confidence, enthusiasm, persistence, imagination and reflexivity. Today, Joe from LEGO Club Engineering & Robotics will be visiting us to run a range of exciting STEM activities for the children to enjoy. We look forward to a fun and engaging morning of engineering, robotics, and hands-on learning. Incursion starting at 9:30am What to bring: A hat, fruit snack, recess, lunch and drink bottle.
Friday 2nd October Crazy Hair Day 	INHOUSE: \$70.00 Suggested by Miss Dianne (EL) Outcome 1.1: Children and young people feel safe, secure and supported. Come along with your craziest, wackiest hairstyle and join in the fun! If you don't have time to do your hair before arriving, don't worry, one of our educators will be happy to help you create a crazy hairstyle when you get here. What to bring: A hat, fruit snack, recess, lunch and a drink bottle.

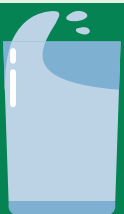
Program Week 2

Public Holiday <u>5th October</u>	
Tuesday <u>6th October</u> Sport & Roller Skating 	EXCURSION: \$90.00 Suggested by Thea, (C) Outcome 3.3: Children and young people are aware of and develop strategies to support their own mental and physical health and personal safety Get ready for an action-packed day! Today, the children will enjoy a variety of sports activities and roller skating at Ingle Farm Recreation Centre , providing plenty of opportunities for fun, exercise, and skill development. Excursion 9:00am – 3:00pm What to bring: A backpack with a hat, healthy snack, recess, lunch and drink bottle.
Wednesday <u>7th October</u> Inflatable World 	EXCURSION \$90.00 Suggested by Patrick (C), Bethany (C), Charlie (C) Outcome 3.2: Children and young people become strong in their physical learning and wellbeing. Today, children will be attending an excursion to Inflatable World . They will have the opportunity to enjoy a variety of inflatable equipment and participate in fun, active play experiences. Excursion Time: 9:30am to 12:30pm What to bring: A backpack with a hat, fruit snack, recess, lunch and drink bottle.
Thursday <u>8th October</u> SpongeBob Musical 	EXCURSION: \$90:00 EXTENSION of Learning – Madagascar July 2026 Outcome 4.3: Children and young people transfer and adapt what they have learnt from one context to another. Today we will travel to the Arts Theatre to see the Youth Theatres production, SpongeBob the Musical Excursion time: 9:30am – 11:30am What to bring: A hat, fruit snack, recess, lunch and drink bottle.
Friday <u>9th October</u> Movie & Burger Day 	INCURSION: \$80.00 Suggested by Bill (C) Outcome 3.1: Children and young people become strong in their social, emotional and mental wellbeing. Today we will be making beef, chicken or vegetarian burgers for lunch, please place your child's preference on the booking sheet. During the day we will play some games and will finish off the day with a movie. What to bring: A hat, fruit snack, recess, lunch (only if your child does not want a burger) and drink bottle.
Monday <u>12th October</u> School Closure Day Diwali Incursion 	INCURSION \$80.00 Extension of Learning Community & Culture Inquiry Outcome 2.2: Children and young people respond to diversity with respect. Today, an entertainer from Bop Till You Drop will be visiting us to teach the children about Diwali and how it is celebrated around the world. This fun and interactive experience celebrates cultural diversity and multiculturalism, helping every child feel included, respected, and connected. INCURSION 10:00am – 11:30am What to bring: A hat, fruit snack, recess, lunch and drink bottle.

Packing a healthy lunchbox



Choose a food from each of the 5 food groups.
Don't forget to include a water bottle too.



Healthy Eating Active Living NSW

@healthyeatingactivelivingnsw





Vegetables

Benefit: Vegetables are packed with vitamins, minerals and fibre to keep kids feeling fuller for longer.

Lunchbox ideas

- Fresh vegetables* like carrot, cucumber, corn, celery, capsicum, tomato, mushroom, peas
Tip: you could dip the vegetables in a corn relish dip or hummus. Try adding baby spinach, tomato and cucumber to a sandwich
- Canned or frozen vegetables and legumes like corn*, peas*, chickpeas*, or kidney beans*
- Baked vegetables like pumpkin, sweet potato, zucchini, carrot
- Baked vegetable pancake or slice



Proteins

Benefit: These foods have protein for growth and iron to carry oxygen around our body.

Lunchbox ideas

- Canned tuna or salmon and lean cold meats like chicken or beef can be used as fillings in a sandwich, roll or wrap
- Hard boiled eggs
- Baked beans, canned mixed beans* or tofu cubes



Grains

Benefit: Grain foods provide carbohydrates to give kids energy throughout the day.

Lunchbox ideas

- Rice, noodles, pasta or cous cous
- Plain crackers and corn or rice cakes
- Sandwiches or rolls, raisin or fruit bread, damper, scones or pikelets
Tip: try to choose wholemeal or wholegrain options if these are available



Fruit

Benefit: Like vegetables, fruit is packed with vitamins, minerals and fibre to help kids stay well.

Lunchbox ideas

- Fresh fruit* like apples, bananas, oranges, pears, papayas, plums, peaches, mangoes, strawberries
Tip: try to eat different types of fruit and vegetables each day. You can use canned or frozen fruit or vegetables if fresh is not available
- Tub of diced fruit in natural juice
- Dried fruit like a box of sultanas* or dried apple rings



Dairy

Benefit: Dairy has calcium to help strengthen bones and teeth for growing bodies.

Lunchbox ideas

- Plain milk
- Yoghurt in a tub
- Cheese slice, stick or cubes
- Custard (choose types with a Health Star Rating of 3.5 or more)
- Creamed rice

If your child is dairy-free, choose plant-based milk, yoghurt or cheese with added calcium.



Water

Water is the best drink for kids and tap water has added fluoride to help protect teeth. You can freeze a water bottle overnight to help keep the lunchbox cool and safe.

*Fresh, raw and hard fruit and vegetables can cause choking in young children. Softened, steamed or baked fruit and vegetables are recommended to prevent choking. Dried fruit like sultanas or foods that have the skin on like chickpeas, canned beans, corn or peas can also cause choking. Try cutting these foods up into smaller pieces to reduce the risk of choking in children.



For more lunchbox ideas go to
healthyliving.nsw.gov.au/healthy-lunchboxes