



Toasted muesli

Difficulty: Easy Type: Breakfast Allergy advice: Serves: 30 From the garden:

Equipment: 2x Oven trays Baking paper Measuring cups Wooden spoon Small serving bowls	Ingredients 5 cups rolled oats 1 cup processed bran ¹ /2 cup honey ¹ /2 cup apple juice 1 cup dried cranberries ¹ /2 cup flaked or shredded coconut ¹ /2 cup dried fruit
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What to do:

- 1. Preheat oven to 160 degrees.
- 2. Line 2 baking trays with baking paper. Combine oats and bran in a mixing bowl.
- 3. Place honey and apple juice in a small saucepan over low heat. Cook stirring for 2-3 minutes, or until honey has melted. Carefully stir into oat mixture and mix well.
- 4. Now add dried fruit and cranberries and combine ingredients.
- 5. Divide mixture onto prepared baking trays. Bake for 25 to 30 minutes, stirring every 10 minutes or until golden and toasted. Set aside to cool completely before serving.