




### What can you do to help?

- Although later bookings are usually available, we have started get more popular. The best way to avoid disappointment is to book early, so staff and resources are available.
- Please ensure enrolment details are up to date. Including any address changes, dietary requirements, medical updates, additional needs, approved people to pick up children, etc... it only helps us ensure the best care is provided.
- If you are not sure how photos are used in the service, please ask! Photo permissions have recently had a rewording, so if you would like to see photos of your children in this newsletter please have a look at your permissions.
- As we are in Term 4 now with higher UV ratings, especially in the afternoon, the "No Hat, No Play" is in place. Please either provide a separate hat or remind children to bring their hats from class. We also have a sunscreen station, although feel free to bring your own.



Our Grade 6 children are almost finished for the year! I would like to thank Julien and Eleni for all their help with leading our younger children!

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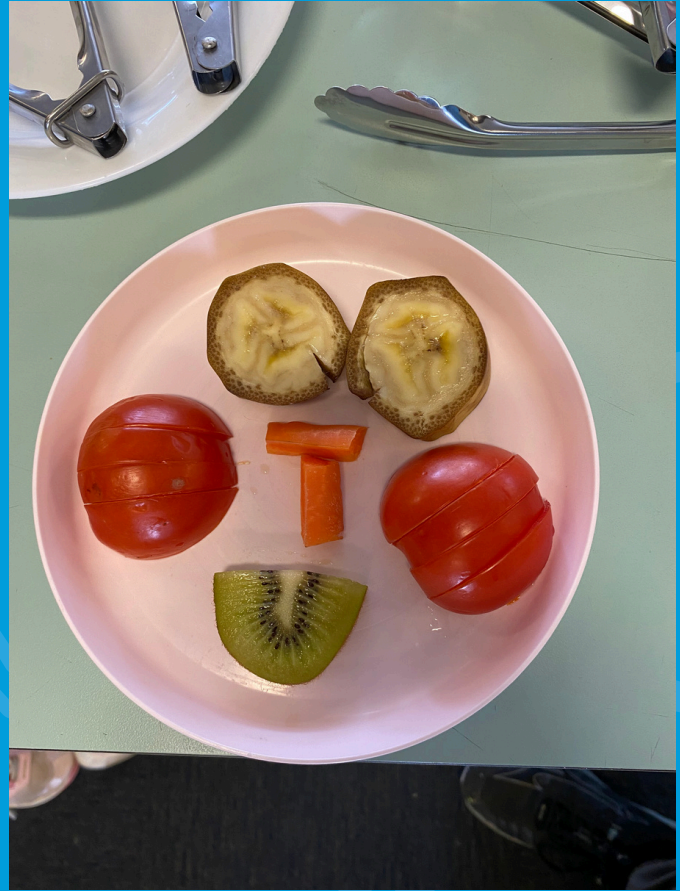
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TERM 4



# MENU

St Michael's Ashburton

December 2025



Under the National Quality Framework healthy eating is important to every child's wellbeing and development. Quality Area 2 of the National Quality Standards (2.1.3) specifies promoting healthy eating for each child.

Each day for breakfast, we have a selection of cereals, like **Weetbix**, **Rice Bubbles**, **Cornflakes**, **Nutrigrain**, and also a selection of spreads for toast, like **Nuttelex**, **Vegemite**, **Strawberry Jam**, **Apricot Jam**, **Orange Marmalade**.

Each day for afternoon tea, we have a selection of fruit, like **Apples**, **Oranges**, **Bananas**, **Kiwi**, **Pears**, **Watermelon** and also a selection of fresh veggies, like **Cucumber**, **Celery**, **Tomato**, **Carrot**, **Capsicum**, **Lettuce**.

\*Some foods are subject to availability

Mon



Tue



Wed



Thu



Fri



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