



**ST VIRGIL'S COLLEGE AUSTINS FERRY  
SUMMER CANTEEN PRICE LIST 2021/2022**

**Effective from October 11<sup>th</sup> 2021. This is a new menu and price list, please disregard old menus.  
This new menu is part of the Cool Canteen Program for a GOLD ACCREDITATION AWARD  
All prices & available foods may be subject to change**



**ST VIRGIL'S  
COLLEGE**

*A Catholic boys school in the Edmund Rice tradition*

**A limited Breakfast is Available from 8.20am**

Toasted Sandwiches and Hot Cheese Rolls

**HOT FOOD – Recess and Lunch**

Mag7 Meat Pie (National),	\$3.80
<i>optional: Creamy Veg or Meat Free Pie (National)</i>	
Sausage Roll (Low Fat)	\$2.30
Hot Cheese Roll	\$2.00
Focaccia – Cheese & Garlic	\$1.50
Pizzas (Ham & Pineapple or BBQ Chicken)	\$3.50
Toasted Cheese Sandwich	<b>\$2.00</b>
Toasted Ham & Cheese	\$2.00

*Design your own Toasted Focaccia or Sandwich for LUNCH by adding any of the following; Cheese, Ham, Chicken, Tuna, Tomato, Grated Carrot, Pineapple, Onion, Avocado, 50¢ per extra ingredient. add free Sweet Chilli, Tomato or BBQ Sauce & Mayonnaise*

***These Must Be Ordered***

**COLD FOOD Available to Order for Lunch**

**Fresh WRAPS, ROLLS or SANDWICHES**

Salad (No Meat)	\$3.00
Ham Salad	<b>\$3.80</b>
Chicken Salad	<b>\$3.80</b>
Tuna Salad	<b>\$3.80</b>
Add free:	
Mayonnaise, Caesar Dressing or Sweet Chilli sauce	

**Fresh Salad Tubs available for Lunch Ordering**

Please indicate when ordering if Dressing is required

GARDEN SALAD	\$3.00
CHICKEN, HAM or TUNA SALAD	\$4.00
(Add Egg &/or Avocado for 50¢each)	
CAESAR SALAD	\$3.50
CHICKEN CAESAR SALAD	\$4.50
Add Anchovies; <i>indicate when ordering</i>	50¢

**SUSHI (Available Monday, Wednesday or Friday ONLY)**

Teriyaki Chicken ( <i>incl. 1x Soy fish</i> )	<b>\$3.00</b>
Cooked Tuna ( <i>incl. 1x Soy fish</i> )	<b>\$3.00</b>
Vegetarian ( <i>incl. 1x Soy fish</i> )	<b>\$3.00</b>
Extra Soy-fish	10¢

**HOT FOOD available to Order for lunch**

NACHOS with cheese, salsa & sour cream	\$3.50
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**BEEF BURGERS**

AUSSIE BURGER	\$4.00
CHEESE BURGER	\$4.00

**CHICKEN, (FISH or VEGGIE) BURGERS**

WORKS BURGER	<b>\$4.00</b>
HAWAIIAN BURGER	\$4.50
CHILLI BURGER	\$4.00
MAYO & CHEESE BURGER	\$4.00

CHICKEN TWIST	\$4.50
SMALL CHICKEN TWIST	\$3.50

CHICKEN SUB	<b>\$5.00</b>
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BEEF RAVIOLI & Bolognese Sauce	\$5.00
PASTA with Bolognese Sauce	\$4.00

TOASTED FOCACCIA – Ham & Cheese	\$4.00
TOASTED FOCACCIA – Chicken & Cheese	\$4.00

SAUCE sachet available -	Tomato	20¢
	BBQ	30¢

Plastic Forks & Spoons	10¢
(When not provided with ordered food)	

**DRINKS**

Large CLASSIC MILK (600ml)	\$3.50
(Chocolate, Strawberry, Banana)	
Small CLASSIC MILK (375ml) (Chocolate)	\$2.40
NIPPY'S (Choc, Mocha, Strawberry, Coffee, Honeycomb, Banana & Vanilla)	\$2.40
POP-TOP (Apple, Orange or Apple & Blackcurrant)	\$1.70
Flavoured Water - (Berry or Lime)	\$3.00
Still Water - 600ml	\$1.00

**LIGHT SNACKS**

Popcorn bag	50¢
Yoghurt Fruit Cups (100ml yoghurt & berries)	\$1.00
Custard Cup 100ml	\$1.00
Custard Tub 200ml	\$2.00
Fruit Muffins (made daily in Canteen)	\$1.00
Banana Bread slice	\$1.00
Dip (Salsa or Hummus)	80¢
Crackers (Wheat, Rice or Corn Chip)	80¢
or Dip & Crackers Combo	\$1.50

**FRUIT**

Seasonal fruit when available	<b>90¢</b>
Fruit Salad Tub (made fresh daily)	\$2.50

**ICECREAMS & ICYPOLES**

**Available 1pm to 1:25 pm**

Frozen Yoghurts (Strawberry & Raspberry)	\$2.00
Paddle Pops (Chocolate, Banana or Rainbow)	\$1.70
Vanilla Cup (Low Fat)	\$1.40
Icy Pole Tubes	60¢

**CANTEEN OPENS at 8.20am.**

**All Food & drinks for lunch must be ordered at the Canteen before 11am, Please.**

**Orders can be made before school, or Pre-Order through the QKR for Mastercard Ap (search for our school using VIR).**



## FOOD AVAILABLE AT RECESS

All the Hot Food that is in Column 1 and all Drinks in Column 3 (of above menu) are available for purchase at Recess Time



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CONTENTS AND INGREDIENTS OF LUNCH DISHES: We provide low fat, low salt and low sugar ingredients whenever available  
And prefer to use wholemeal bread & rolls.

### **All Salad Wraps, Rolls and Sandwiches:**

Lettuce, Grated Cheese, Tomato, Carrot, Cucumber & Beetroot, with Mayonnaise, Caesar Dressing or Sweet Chilli Sauce (specify in order)  
*For small extra cost Options include;* Pineapple, Meat (Chicken, Ham or Tuna), Egg or Avocado

### **SALAD: includes**

Lettuce, Cheese, Tomato, Carrot, Cucumber and Beetroot, with Mayonnaise, Caesar Dressing or Sweet Chilli Sauce (specify in order)  
*For small extra cost Options include;* Meat (Chicken, Ham or Tuna), Pineapple, ½ a boiled Egg or ¼ Avocado.

### **CAESAR SALAD:**

Cos Lettuce, Parmesan Cheese flakes, Crisp Bacon, 1 boiled Egg, Croutons and Caesar Salad dressing. Optional Extra: **Chicken**

**SUSHI:** Made fresh Monday, Wednesday & Friday **ONLY** in the Canteen  
Teriyaki Chicken (with Cucumber & Carrot),  
Cooked Tuna (with Sweet Corn, Carrot & Cucumber),  
Vegetarian (with Inari, Red Capsicum, Cucumber, Carrot & Daikon)

### **AUSSIE Burger:**

Beef Burger (made in the canteen), Lettuce, Tomato, Cheese, Onion, Beetroot & Tomato Sauce (option of BBQ or Sweet Chilli)

### **CHEESE Burger:**

Beef Burger (made in the canteen) with Sliced Cheese and Tomato Sauce

### **WORKS BURGER Chicken, (Fish or Veggie):**

Crumbed Burger, Lettuce, Cheese, Grated Carrot, Tomato & Mayo

### **HAWAIIAN BURGER Chicken, (Fish or Veggie):**

Crumbed Burger, Lettuce, Cheese, Grated Carrot, Tomato, Pineapple & Mayo.

### **CHILLI BURGER Chicken, (Fish or Veggie):**

Crumbed Burger, Lettuce, Cheese and Sweet Chilli Sauce

### **CHEESE & MAYO BURGER Chicken (Fish or Veggie):**

Crumbed Burger, Lettuce, Cheese & Mayonnaise.

### **CHICKEN TWIST: (SMALL TWIST has only 1 chicken tenderloin)**

2 x Crumbed Chicken Tenderloins, Lettuce, Cheese, Diced Tomato, Onion and Caesar Salad Dressing Wrapped in a Tortilla.

### **CHICKEN SUB:**

2 x Chilli Chicken Crumbed Tenderloins, Lettuce, Cheese, Tomato and Caesar Dressing in a Long Bread Roll

### **TOASTED FOCACCIA:**

A Focaccia topped with Garlic and Cheese filled with either Chicken or Ham and slices of cheese and Toasted. Design your own from the list above.

### **PASTA and RAVIOLI Dishes:**

Topped with a meat bolognese sauce and grated tasty cheese.

### **NACHOS:**

Plain Corn Chips topped with lightly spiced Salsa, Grated Cheese and a spoonful of light Sour Cream (optional).

**LUNCH ORDERING: STUDENTS MUST ORDER THEIR LUNCH BEFORE SCHOOL IN THE MORNINGS  
OR OUR ONLINE SYSTEM, QKR for MasterCard (search VIR)**

Students are responsible for collecting their own lunch from the canteen at lunch time,

The first 10 minutes of lunch is for lunch order pickup only. **If students are late to school then they can order at recess.**

**Very Limited Hot Food will be available over the Counter at Lunchtime. If you don't order you will miss out!!!**