



## **YEAR 5 OUTDOOR EDUCATIONAL CAMP**

### **March 5 - 7 | Point Wolstoncroft Sport and Recreation Centre**

Dear Parents and Carers,

We are very much looking forward to the Year 5 Camp to Broken Bay Sport and Recreation Centre on March 5 - 7. The three days away will be action-packed, and I am sure your son will return with lots of interesting stories. The cost of \$500 includes all accommodation, food, activities, and transport. Please note that this is non-refundable, as the final amount has been paid and is split across the year group. This cost of this camp will be added to school fees.

#### **DEPARTURE AND RETURN**

We will be leaving at 8:00 am sharp on Wednesday 5 March. All students will need to be in the Junior School Playground by 7.30am. Please do not arrive before 7:30 am as we will be farewelling our Year 6 students earlier that morning. We will be travelling with Glenorie Coaches.

We will return on Friday 7 March at approximately 3:15pm. We will post a more accurate estimated time of arrival on the College App as we get closer to Sydney. If you are not there to collect your son on our return, he will be taken to the school office to wait. If he is going home with another parent, please ensure we know in advance. Your son can also make his own way home from school.

#### **BEHAVIOUR EXPECTATIONS**

We are confident that your son will demonstrate outstanding conduct throughout our trip. The three days will require patience and cooperation, and we appreciate his positive contribution to the group. Before our departure, we will clearly outline our expectations and his responsibilities to ensure a smooth and enjoyable experience for everyone. Should any significant behavioural issues arise, alternative arrangements may be necessary.

#### **PACKING LIST**

Please label all your son's belongings. A suggested packing list is attached. Room for bags in the cabins is limited, so please pack accordingly.

#### **WHAT NOT TO BRING**

- Lollies or food. **We have students with severe, and life-threatening allergies, please do not put them at risk by allowing your son to bring additional food.** Unfortunately, several students ignored this request last year and put their fellow students at risk.
- Medication. **All medication must be held by teachers** – this includes Panadol, Ventolin, sore throat medication (eg Butter Menthols) etc.
- Technology – no mobile phones, iPods, Smart Watches, Handheld games, Nintendo Switches etc. Your support in making sure these are left at home is appreciated.
- Cameras – Teachers will be taking photos, so please encourage your son to enjoy camp without the distraction of a camera.

#### **ILLNESS**

If your son is experiencing any cold, flu or COVID-like symptoms, please keep him, and the rest of the students safe, by keeping him at home. Please ensure that you notify the school of your son's absence from camp on the morning of departure.

## CONTACT

If you need to contact camp, please ring 0411 353 903 and a message will be passed on. Students who are celebrating a birthday will be permitted to ring home to talk to Mum and Dad.

## CAMP PACKING LIST

Luggage should be **limited to one bag** equivalent in size to airline 'carry on' luggage with **maximum weight of 10kg** and a separate sleeping bag, plus a small backpack per child. Remember, your child will be required to carry their luggage, so it is essential to make sure it is not too big or too heavy.

Please **LABEL EVERYTHING** with your son's name.

ITEM	NOTES	PACKED ✓
3 x t-shirts	Offer best sun protection (no singlets or sleeveless shirts)	
1 x long sleeved shirt		
1 x warm jumper	Wool or polar fleece will stay warm if wet	
2 x shorts	Mid-thigh or longer because of sun exposure	
1 x long pants	Lightweight is good, jeans are not great for activities	
Underwear	1 pair/day, plus one extra in case they get wet.	
Socks	1 pair/day, plus one extra in case they get wet.	
Swimmers	Board shorts will give good protection for swimming	
Rash Vest	Will give good protection for swimming	
Sleepwear	1 set of pyjamas (more if there might be bed-wetting)	
Beanie	It can get chilly at night	
Sports shoes	Sports shoes are good for walking, climbing, hiking	
2 pairs of Shoes	Enclosed shoes only, 1 pair that you don't mind getting wet.	
Pillow & Pillowcase		
Sleeping Bag or Doona and 2 x flat sheets		
2 x Bath Towels		
Toiletries	Toothbrush, toothpaste, brush/comb, deodorant – non aerosol	
Day Pack/small bag	To carry water bottle, jacket, etc	
Rain jacket	College	
Garbage bags	Handy for putting wet shoes and dirty clothes in	
Sunscreen	30+SPF	
Sunhat	Wide brim is preferred – the new school hat is ideal	
Sunglasses		
Water Bottle		
Tissues		
Insect Repellent	Non-aerosol	
Deck of cards/Uno	Uno or deck of cards is good to play in the rooms when waiting for showers, dinner etc.	
Medication	<p>You must send in enough medication to last the 3 days of camp.</p> <p><b>Medication will be held by the teachers, and they will monitor administration based on the information you provide. It is to be sent into the school office in a plastic ziplock bag by Friday, February 28th. Please ensure that medication is clearly labelled with your son's name, the dosage and frequency.</b></p> <p><b>NB:</b> All medication held at the school will be taken with us on camp.</p>	

## CAMP ACTIVITY SCHEDULE

WEDNESDAY 5 MARCH	THURSDAY 6 MARCH	FRIDAY 7 MARCH
Arrive and welcome	Breakfast	Pack
Settle into cabins	Activity rotation	Breakfast
Lunch	Morning tea	Activity rotation
Activity rotation	Activity rotation	Lunch
Afternoon tea	Lunch	Reflection
Activity rotation	Activity rotation	Farewell
Showers	Showers	Departure
Dinner	Dinner	
Evening program	Evening program	
Bed	Bed	

Activities may include: sailing, kayaking, canoeing, swimming, fishing, archery, tennis, basketball, beach volleyball, bushwalking, Giant Chess or Pétanque.