

**MURRUMBEENA PRIMARY SCHOOL
PRESENTS
HUGH VAN CUYLENBERG**

**THE RESILIENCE PROJECT
WEDNESDAY 16 MARCH 2016**

Dear Parents

Last Friday I had the privilege of listening to a wonderful young man talk about his work with establishing the Resilience Project. Hugh Van Cuylenberg is a most engaging presenter who had the ability to make me laugh and cry.

Hugh's studies into mental resilience will resonate with you as it did with me and our entire staff. His presentation emphasises the value of gratitude, empathy and mindfulness – a focus we have at MPS and part of the Victorian Curriculum.

I am delighted that Hugh will speak to our grade 3-6 students on 15 March and his colleague Nathan will address the P-2 students. A parent evening will follow the next day.

I urge parents to set aside 90 minutes on Wednesday 16 March at 7.00pm to attend Hugh's presentation in our multipurpose hall.

Please complete the return slip below if you are able to attend.

Shirley Krongold

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I would like to attend Hugh Van Cuylenberg's presentation on The Resilience Project on Wednesday 16 March. This will be held in the multipurpose hall from 7.00pm – 8.30pm.

Parent(s) Name: _____

Child's Name: _____ **Grade:** _____