

supporting young people: transition from primary to secondary school

headspace National in partnership with the Department of Education and Training Victoria, are hosting a webinar for parents and carers with young people who are transitioning from primary to secondary school.

The presentation will include:

- Information to assist your understanding about transition and changes for young people and how this may impact their mental health and wellbeing.
- Information about supporting a young person who is about to start secondary school.
- Information about mental health and wellbeing in adolescence.
- Skills and strategies to enhance your connection and communication with young people about mental health.

- Strategies for you to support your young person.
- Where to access professional support and what supports are available during the holidays.

This webinar is for adults.

When

Tuesday 15th December 2020
7.00 – 8.15pm AEDT

How do I register?

[Click here](#) to register via Eventbrite.

After you have registered, you will receive an email confirmation from Eventbrite which will include the Zoom meeting link to access the webinar on the evening.

Contact

For more information email:
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