

WELLNESS WEEK – week 7

Motivational Monday	Therapeutic Tuesday	Wellbeing Wednesday	Thoughtful Thursday	Friendship Friday
26-8	27-8	28-8	29-8	30-8
Move it	Relax	Get active	Think of others	Join in
House skipping at recess (long ropes)	Wear Pjs to school	Young House Service Theme: Respect	Quotes around the school	Big game of dodgeball at recess
Disco at Lunchtime	House lego building at recess	3 legged race across the oval at recess	Free fruit at recess	Photos with friends. Make a photo board at lunchtime
	Movie and popcorn at lunchtime	Birches visit at lunchtime	House chalk drawings at lunchtime	College Has Got Talent 7pm