



## School Holiday Program (January 2019) for young people with a disability

*Want to give your child an invaluable experience these school holidays?*

During the school holidays, The Salvation Army – Youthlink Skills 4 Life will run a variety of programs for young people with disabilities (NDIS eligible only). The program is an evidence based program, designed and facilitated by Clinicians and Outdoor Recreation experts. The January school holiday program will be available for the following age and functional criteria:

**Skills 4 Life Explorers: January 7<sup>th</sup>, 10<sup>th</sup>, 14<sup>th</sup> and 17<sup>th</sup> (4 days)**

(Students age 8-18 limited verbal communication, supervision or assistance with self-care.)

**Skills 4 Life Challengers: January 8<sup>th</sup>, 11<sup>th</sup>, 15<sup>th</sup>, 18<sup>th</sup> and 22<sup>nd</sup> (5 days)**

(Students age 8-12 verbal communication, independent with self-care.)

**Skills 4 Life Adventurers: January 9<sup>th</sup>, 16<sup>th</sup>, 21<sup>st</sup>, 22<sup>nd</sup> and 23<sup>rd</sup> (5 days)**

(Students age 13-18 verbal communication, independent with self-care.)

Activities will include outdoor recreation such as bush walks, canoeing and swim days. Centre-based activities including the Sargents Challenge Centre such as low ropes and high ropes.

Goals of the program include development and improvement of social, sensory, motor, and life skills, as well as increased self-confidence, motivation, team work, leadership, and improved physical health and wellbeing.

**Dates:** Starting from January 7<sup>th</sup> to January 23<sup>rd</sup> (Monday-Friday)

\*Note: Can book for all or some of program days

**Start and finish time:** 9am-3pm

**Drop off and pick up location:** 13 Walters Rd, Blacktown, NSW (Youthlink Sargents Challenge Centre)

**What you can expect program to cover:**

- ✓ Outdoor recreation experiences
- ✓ All equipment and program materials provided
- ✓ Qualified, experienced and caring staff
- ✓ Insurances and national park fees covered
- ✓ Loads of fun and memorable experiences!

**Program Costs:** All costs are covered under NDIS plan.

**Enrolments:** Registration opens Monday 19<sup>th</sup> November 2018 and closes Friday 14<sup>th</sup> December 2018

**Bookings or more info:** Call (02) 9622 1823 Option 2 or email [skills4life@ae.salvationarmy.org](mailto:skills4life@ae.salvationarmy.org)

**Registered NDIS Provider**