Respectful Relationships School Council briefing







# Acknowledgement of Country



I wish to acknowledge the custodians of this land on which we meet and pay my respects to their Elders past, present and emerging.









#### **Support Services and Employee Assistance**

1800RESPECT

NATIONAL SEXUAL ASSAULT, DOMESTIC FAMILY VIOLENCE COUNSELLING SERVICE

1800 737 732



1800 271 170

**Employee Assistance Programs** 

**DET: 1300 361 008** 



Catholic: 1800 818 728



**DET Workplace Contact Officers** 

https://www.education.vic.gov.au/hrweb/divequity/Pages/WCONet.aspx







### The Orange Door – Outer Eastern Melbourne is open

Services offered include:

Women, children and young people's family violence services

Child and family services

Aboriginal services

Men's family violence services

The Orange Door Outer Eastern Melbourne is now open 9am to 5pm Monday to Friday (except public holidays).

Professionals and clients can access support from the Orange Door Outer Eastern Melbourne by calling 1800 271 150, emailing <a href="mailto:oema@orangedoor.vic.gov.au">oema@orangedoor.vic.gov.au</a> or visiting 4-16 Devon Street, (Corner Pierson Drive and Railway Grove) Croydon, 3136.



## Agenda

- Overview of Respectful Relationships (RR)
- •Why it has become a government issue and why it is mandated to teach in schools
- •What is family violence and how prevalent is it?
- •How does it link to teaching and learning?
- Planning for implementation the whole school approach

What Prevention of family violence is Respectful Relationships? Relationships

**Gender equality** 













**ALL Government Schools by 2021** 

From Prep to Year 12

rocommondations

Whole School Approach

**Consistent with Best Practice** 

Built on model from the DET & Our Watch Pilot

# Royal Commission into Family Violence

#### **Recommendation 189**



The Victorian Government mandate the introduction of respectful relationships education into every government school in Victoria from prep to year 12. Implementation should be staged to ensure school readiness and to allow for ongoing evaluation and adaptation. It should be delivered through a whole-of-school approach and be consistent with best practice, building on the evaluation of the model being tested by the Department of Education and Training through Our Watch [within five years].







#### **Definition**

## Respectful Relationships

Holistic approach to school-based, primary prevention of family and gender-based violence

Whole school: embed a culture of respect, inclusion and gender equality

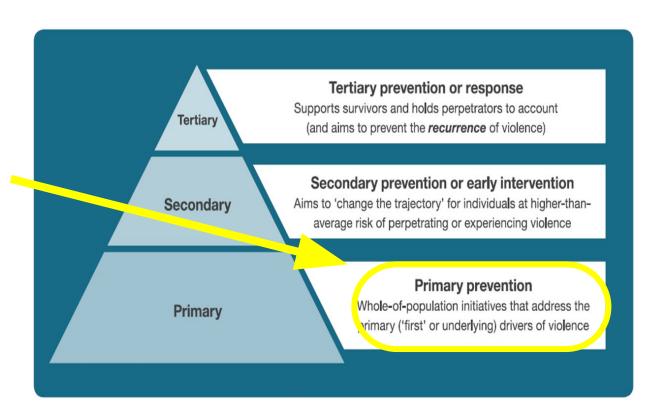
Inside the classroom: teaches students how to build healthy equitable relationships, social and emotional learning skills, resilience and confidence.







Respectful
Relationships is a
Primary Prevention
initiative that aims
to stop violence
before it begins



Source: Royal Commission into Family Violence (Vic) and Our Watch, 2015, Change the story: A shared framework for the primary prevention of violence against women and their children in Australia.

What is Family Violence and how prevalent is it?

Impact of FV
Definition
Statistics
Intersectionality











## Definition: Family Violence

The Family Violence Protection Act 2008 defines family violence as:

- Behaviour that is: Physically, sexually, emotionally, psychologically or economically abusive; Threatening or coercive; Controls or dominates the family member and causes that family member to feel fear for the safety or wellbeing of that family member or another person, or
- 2. Behaviour that causes a child to hear, witness or otherwise be exposed to the effects of any behaviour referred to above.

## Types of family violence

- Intimidation/controlling behaviours
- Verbal
- Physical
- Emotional
- Social
- Reproductive
- Financial
- Sexual
- Spiritual/Religious
- Pets
- Stalking (e.g. technology)
- Spousal homicide









### **Family Violence**

- •Family Violence is the abuse of power and the exercise of coercion and control by one family member over another. Results in fear of safety
- Occurs in all types of family/like relationships
- •The most common form of family violence is male intimate partner violence against women.

<sup>·</sup> Source: FREE FROM VIOLENCE Victoria's strategy to prevent family violence and all forms of violence against women

## **PREVALENCE**

We can create a world where everyone is equal, free and safe and yet violence continues to impact our communities in gendered ways

## **EVERY 9 DAYS** BY HER CURRENT OR FORMER PARTNER

Australian Institute of Health and Welfare (2019) Family, domestic and sexual violence in Australia: continuing the national story 2019

(REGARDLESS OF THE VICTIM'S GENDER)

Diemer, K. (2015) ABS Personal Safety Survey: Additional analysis on relationship and sex of perpetrator

ALMOST

have experienced this since the age of 15

ALMOST

have experienced this since the age of 15

VIOLENCE

1 in 13 MEN

have experienced this since the age of 15

1 IN 20

have experienced this since the age of 15

Australian Bureau of Statistics (ABS) (2017) Personal safety, Australia, 2016



97% OF SEXUAL ASSAULT OFFENDERS PROCEEDED AGAINST BY POLICE ARE MALE

Australian Bureau of Statistics (2022) Sexual Assault -Perpetrators: Sexual assault statistics for offenders proceeded against by police, criminal court outcomes for defendants, and prisoners in adult custody.

## Our Watch – Context to RR



# Respectful Relationships links to schools







Leaders drive school-wide commitment Structures procedures, policy and and action to promote gender values that support equality gender equity School culture School leadership and environment & commitment All staff Staff and engaged in students who whole of experience or school perpetrate approach. Support Building Professional violence are for staff Respectful supported learning Selected staff Relationships and with strategy equipped to students WHOLE SCHOOL appropriate **APPROACH** deliver response and curriculum referral. and respond to disclosures Community Teaching and **Partnerships** Learning Students have skills, Support to school to knowledge, attitudes to engage build long-term, holistic strategies in respectful relationships to prevent violence against women

FISO 2.0 Framework for Improving Student Outcomes



Policy | education.vic.gov.au

## Respectful relationships in the Victorian Curriculum

The development of respectful relationships teaching and learning programs in schools will draw upon:

- Health and Physical Education
- Personal and Social Capability.
  - The two curricula are complementary
  - The Personal and Social Capability (P&SC) involves learning to recognise and regulate emotions, develop empathy for others and understand relationships, establish and build a framework for positive relationships, work effectively in teams and develop leadership skills
  - HPE enables students to recognise personal qualities, understand identity and strategies for respectful relationships

Together HPE and P&SC develops knowledge and skills to promote respectful relationships that are safe and equitable.

### **DET Teaching and Learning Materials**

#### PRIMARY





Level 1 - 2

RESPECTFUL





## Resilience, Rights and Respectful Relationships

- Mapped to the Victorian Curriculum
- Foundation to Level 12

#### **SECONDARY**



Level 7 - 8



Level 9 - 10



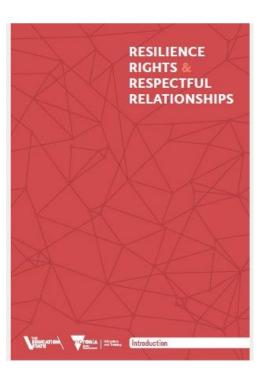
Level 11 - 12

All RRRR learning materials can be downloaded from:

http://www.education.vic.gov.au/respectrel

www.education.vic.gov.au/respectrel

## **DET Teaching and Learning Materials**



#### **Topics covered:**

- 1. Emotional literacy
- 2. Personal strengths
- 3. Positive coping
- 4. Problem solving
- 5. Stress management
- 6. Help seeking
- 7. Gender and identity
- 8. Positive gender relations

# Activities from the RR&RR resource – **primary schools**

- •Foundation activity "Everyone can be strong and gentle" (Topic 7, Lesson 4)
- •1/2 activity "Inclusive gender stories" (Topic 7, Lesson 3)
- •3/4 activity Problem Solving (Topic 4, Lesson 3)
- •3/4 activity My Identity Wheel (Topic 7, Lesson 1)
- •5/6 activity Facts about gender and opportunity (Topic 7, Lesson 4)
- 5/6 Peer Support and Responding To Sexual Harassment (Topic 8, Lesson 6)

# Activities from the RR&RR resource – **secondary schools**

- 7/8 activity "Empathy Quiz and Hidden Emotions" (Topic 1, Lessons 3 and 4)
- 7/8 activity "Negative health impacts of gender norms" (Topic 7, Lesson 3)
- •9/10 activity "Emotions Checklist & Quiz" (Topic 1, Lesson 1)
- •9/10 activity "Awareness raising through statistics" (Topic 7, Lesson 1)
- 9/10 activity BRR book "What's the Harm" (Session 7, Activity 2)
- 11/12 activity "Relaxation techniques" (Topic 4, Lesson 4)

## Action at our school

- Overview of the school's RR action plan
- How does this link to our strategic planning documents?

How might school council members be able to

contribute?



## Questions

