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CAMPER - WHAT TO BRING

Our programs often involve adventure activities and being outdoors, so wearing comfortable and **practical clothing** is advised as well as being prepared for the weather. Certain clothing is required for safety reasons in regard to particular activities. **Loose jewellery** must not be worn and **long hair is to be tied back** for all activities. It is strongly recommended that all belongings are clearly marked with the camper's name. Avoid bringing unnecessary valuable items to camp. Please be in touch with your teacher in charge for further guidance with packing and preparing for camp.

FIRST DAY

- Morning tea & lunch, if applicable (*no nuts*)

CLOTHING

- Shirt/long sleeve (*must cover shoulders & waist for activity safety reasons*)
- Shorts/pants (*must be at least mid-thigh length to suit wearing a harness*)
- Pyjamas
- Underwear and socks
- Jumper
- Rain jacket
- Shorts/pants that can get dirty
- Enclosed comfortable footwear e.g. runners
- Sun hat & sunglasses
- Beanie

PACKING LIST

- Bag for dirty clothing
- Sleeping bag or doona and a bottom sheet
- Pillow slip (*pillows are available*)
- Bath towel
- Toiletries
- Water bottle
- Sunscreen
- Insect repellent
- Watch
- Torch

WATER ACTIVITIES

- Water shoes (*old runners, river/aqua shoes*)
- Bathers
- Beach towel
- Shorts/board shorts (*worn over bathers*)
- T-shirt/rash top (*shoulders must be covered*)

**BREATHE
EXPERIENCE
DISCOVER**