



WHO'S IN CHARGE?

Does your child disrespect,
intimidate or abuse you?

Do you feel you are
losing control?

Want to learn how to
handle conflict?

Reclaim respect and
calm in your family!

Who's in Charge? is a FREE 8 week program for parents or carers of young people (8-17 years) who are out of control, violent or defiant. Monash Council Family Services will be facilitating this program. The program aims to:

- ✔ Provide a supportive environment to share experiences and ideas
- ✔ Reduce the guilt and shame parents may feel
- ✔ Offer ideas to help develop individual strategies for managing a child's behaviour
- ✔ Explore ways of increasing safety and well-being
- ✔ Help parents/carers feel more in control and less stressed



**Next program starts 24 April and is held every Tuesday
until 12 June 2018 between 7pm-9.30pm**

Batesford Community Hub 94 Batesford Rd, Chadstone

FREE program, bookings essential.

For enquiries or bookings:

Monash Family Services 9807 2500

More info on the topic of violence
toward parents available at:

www.eddiegallagher.com.au