YEAR 4 REFLECTIONS ON 'BACKFLIPS TO BULLYING'

I thought it was very interesting and I liked how they acted out the bullying and did backflips. They were really cool and I wish we could watch it again. My favourite bit was when the guy called Luca jumped over 20 kids and a teacher. Some of the sayings they used were;

'Bullying doesn't make you tough!'

'One small act of kindness can change someone's life'

'It's only a joke if everyone is in on the joke!'

By Jemimah Laird 4AQ

Backflips against bullying was a great incursion. A lot of people learned their lesson for bullying in their acts. The lesson I learned was bullying doesn't make you tough and bullies only bully to get attention. I LOVED this incursion because now I know how to stand up to bullies and the words and actions I should use.

By Ben H 4AQ

Backflips Against Bullying

Backflips against bullying is an exciting incursion. It teaches you about how to stop bullying and you might be wondering why? It's Backflips and it's because they do fake bullying also gymnastics and also at the end, they jumped over 20 students and 1 teacher. I think this was the best incursion ever!

By Seth K 4AQ









On Thursday we all went into the gym for the Backflips Against Bullying incursion. The people there acted examples of bullying and what you should do if you are being bullied. They also talked about being an upstander and not being a bystander and at the end they jumped over 4 rows of students.

By Ted Taylor 4NB

Report on Backflips Against Bullying

It was awesome! A lot of people enjoyed it, some laughed too. The actors pretended they had forgotten their names and so we got to choose names for them. They were there to tell us what to do when you are being bullied (with flips along the way!) So what happened it is ... they told you ways of bullying, they did it, said freeze and then asked us questions about the scenario ... then there was a rewind sound ... they rewound ... and then they showed us better ways to handle it and ways to avoid bullying. They had some sayings too like ...

'Don't retaliate, you don't want the bully to win!'

'Bullying doesn't make you tough!'

'Reacting gives the bully the fun!'

I REALLY enjoyed it!

By Maxi L 4AQ

Backflips Against Bullying.

This got me so motivated because they entertained people including me. So when I got home, straight away I sketched a guy doing a backflip. The best saying was ... Bullying doesn't make you tough! Or



don't react to a bully!

By Eli F 4AQ









