

St Pius X College – Cricket Helmet Policy

1. Rational

- a. The St Pius X College – Cricket Helmet Policy is to guard St Pius X College cricket players against potential concussion, facial and other head injuries which may result from their involvement in Cricket (either during practice or during matches). Additionally, the health and hygiene of players is considered.
- b. This policy directs cricket helmet: compulsory ownership, fitting, maintenance; as well as directing the when the compulsory wearing of a cricket helmet is to be undertaken.

2. Background

- a. The understanding of concussion and its effect on the brain is well known. Further, facial and head injuries are usually traumatic for the players involved. St Pius X College is aligning its Cricket Helmet Policy with [Cricket NSW Helmet Recommendations](#).
- b. Helmets provided in team kits are often poorly treated by players or not adjusted for individual wearers. Lack of helmet maintenance, poor fitting and adjustment degrades the effectiveness of the protection the helmet is designed to provide.

3. Policy

- a. ***All players must be in possession of their own personal cricket helmet with face shield. This helmet is to comply with British Standard 7928:2013 (standard directed by Cricket NSW) and correctly fitted and adjusted for the owner. The fitting of stem guards while optional is highly recommended.***
- b. *Personal cricket helmets must be worn when batting in the nets and in matches.*
- c. *Personal cricket helmets must be worn when a player fielding as the wicket-keeper is standing-up at the stumps for a bowler.*
- d. *Personal cricket helmets must be worn when fielding less than 10m from the batter.*

4. Implementation and Review Date

- a. This policy is effective as of the beginning the 2019/20 MWJCA and 2019/20 ISA cricket seasons.
- b. Review of policy to occur as required or directed by Cricket NSW.

St Pius X College – Cricket Groin Protector Policy

1. Rational

- a. The St Pius X College – Cricket Groin Protector Policy is to guard St Pius X College cricket players against potential groin injuries which may result from their involvement in Cricket (either during practice or during matches). Additionally, the health and hygiene of players is considered.
- b. This policy directs cricket groin protector compulsory ownership as well as directing the when the compulsory wearing of a cricket groin protector is to be undertaken.

2. Policy

- a. ***All players must be in possession of their own personal cricket groin protector.***
- b. *Personal cricket groin protectors must be worn when batting in the nets and in matches.*
- c. *Personal cricket groin protectors must be worn when a player fielding as the wicket-keeper.*
- d. *Personal cricket groin protectors must be worn when fielding less than 10m from the batter.*
- e. *It is encouraged that personal cricket groin protectors are worn at all times during participation in cricket training and matches.*

4. Implementation and Review Date

- a. This policy is effective as of the beginning the 2019/20 MWJCA and 2019/20 ISA cricket seasons.
- b. Review of policy to occur as required or directed by Cricket NSW.