

SPORT PHILLIP



Jump Start

Are you aged 5 to 25? The Council wants to give you \$200 towards joining a local sports club. Check for eligibility and more information on website.

Contact Sports and Recreation Participation Officer

☎ 9209 6677
 🌐 portphillip.vic.gov.au/sport-phillip.htm
 ✉ recreation@portphillip.vic.gov.au



Social Sixes

**Mondays in February
 6.30 pm to 7.30 pm
 Ian Johnson Oval
 Aughtie Drive St Kilda
 \$10 per session**

A new cricket program designed for women. Registration required.

Contact

☎ 9085 4000
 🌐 socialsixes.com.au



VicFlick

**Sundays during school term
 2 pm to 3 pm
 Albert Park Synthetic Fields
 St Kilda**

Free

Sport programs for youth to develop leadership, teamwork and social skills.

Contact Kelli Browne

☎ 0418 356 189
 🌐 ultimatevictoria.com.au/vicflick



Roy's Junior Boxing Program

**Tuesdays starting 12 February
 4 pm to 5 pm
 Chapel Fitness
 2 Chapel Street St Kilda**

Free

A boxing program for youth aged 6 to 12.

Contact Roy

☎ 0420 550 496
 ✉ recreation@portphillip.vic.gov.au



Sunday Croquet

**Sundays from
 24 February to 31 March
 10am to 12 pm**

**Elwood Croquet Club
 Elwood Foreshore Park
 Elwood**

Croquet program for beginners.

Contact Noel

☎ 9531 4460
 🌐 elwoodcroquet.com



Melbourne Tennis Month

**Sunday 17 February
 1 pm to 5 pm**

**Port Melbourne Tennis Club
 3 Swallow Street
 Port Melbourne**

Contact

☎ 0416 188 246
 ✉ mariewalters@live.com.au

**Free court hire
 9 am to 3 pm**

Albert Park Reserve

Contact

☎ 9914 4310



Soccer Mums

**Tuesdays
 5 February to 12 March
 6 pm, Elwood Park**

\$40 per participant full program

Supportive programs designed for mums to learn the basics of soccer.

Contact

☎ **Sports and Recreation Participation Officer**
 9209 6677

✉ soccermums.com.au/getinvolved



Yoga on the green

**4 to 28 February
 Mondays 6 pm to 7 pm
 Thursdays 6.30 am to 7.30 am**

**Port Melbourne Bowling Club
 Port Melbourne**

Yoga programs for adults of all ages.

**\$5 for per session
 \$30 for eight sessions**

Contact Skye

☎ 0437 086 063



DuoYoga

**Saturdays
 16 February to 22 March
 10 am**

**Catani Gardens
 St Kilda West**

Gold coins donation

Vinyasa yoga taught in English and Italian.

Contact Sara

☎ 0412 136 037
 🌐 anjaliyoga.com.au



Beach Volleyball

**Wednesdays from
 20 February to 20 March
 4 pm to 6 pm**

**Grass area near Republica
 34 Jacka Boulevard
 St Kilda**

Free

Beach volleyball for youth aged 12 to 18. Facilitated by Vic Beach.

Contact Sports and Recreation Participation Officer

☎ 9209 6677
 ✉ recreation@portphillip.vic.gov.au



One Ball

**Sundays starting 3 February
 4 pm to 5.30 pm**

**JL Murphy Reserve
 Port Melbourne**

Free

A free soccer program for youth aged 8 to 18.

Contact Kamal

☎ 0411 122 814



Bowling with babies

**Wednesdays
 10 am to 12 pm**

**Port Melbourne Bowling Club
 130 Spring Street
 Port Melbourne**

Free

Open to all parents and babies to join the fun and enjoy a bowl.

Contact Craig

☎ 0439 758 116



Fitness Express

**Saturdays 9am
 Oval, Alma Park
 150 Dandenong Road
 St Kilda East**

Free

A high interval training session for members of the community.

Contact

✉ recreation@portphillip.vic.gov.au



Fitness 4 Parents

**5 February to 5 March
 9.30 am**

**St Kilda Police and Citizens Youth Club
 179 Inkerman Street
 St Kilda**

Free

Fitness program designed to make stronger, happier and healthier families.

Contact

☎ 9534 7584



Inclusive swimming program

A program targeted to increase water awareness for people living with a disability aged preschool to 16.

Contact the Sport and Recreation Participation Officer

☎ 9209 6777
 ✉ recreation@portphillip.vic.gov.au