



Webinar for Parents

of 2 - 12 year olds

A webinar for parents to learn simple strategies to reduce anxiety and build resilience in your child

ENROL NOW!

NO SCAREDY CATS

This interactive webinar offers parents of 2-12 year-olds reliable and easy-to-implement strategies to help parents identify and challenge anxious behaviours and build resilience in their child.

Presented by Michael Hawton, MAPS. Held over 3 interactive webinar sessions

Thursdays 4th, 11th, 18th November 2021

From 6.30 - 8.45 PM AEST

Over 3 sessions you will learn to:

- Identify and combat your child's anxious behaviours.
- Learn simple strategies to reduce anxiety.
- Build resilience in your child for greater social and academic success.
- Improve your parenting confidence and family bonds.



Tickets on Sale

~~\$99 per person~~

\$59

"Good for learning practical aspects of parenting regarding building resilient kids - All with a neat scientific background to assist in understanding." RHEA, PARENT.

"Very practical, user-friendly evidence based information to support parents, so they can better support their children." TRACEY, SCHOOL PRINCIPAL

Join over 110,000 parents who have already participated in our courses

Recommended by child & family specialists

<https://www.parentshop.com.au/no-scaredy-cats-for-parents/>