

# Melton West Primary School Canteen Menu 2023

PLEASE WRITE YOUR CHILD'S NAME, GRADE & ROOM NO. CLEARLY ON LUNCH BAG

(A lunch bag can also be provided at the canteen for 20 cents)

**PLEASE NOTE:** Items with an \*asterisk will have a sticker placed on their lunch bag.

This means the child will then come to the canteen with their lunch bag and collect their items.

## SANDWICHES- WHOLEMEAL BREAD

**NOTE:** White bread available on request

Salad & Ham/Chicken/Tuna	\$5.00
Chicken, Lettuce & Mayo	\$4.00
Ham, Cheese & Tomato	\$3.50
Ham & Cheese	\$3.00
Ham	\$2.50
Cheese & Tomato	\$3.00
Cheese	\$2.50
Vegemite	\$2.00
Egg, Lettuce & Mayo	\$3.30
Roast Chicken	\$3.50
Salad (Lettuce, Tomato & Carrot)	\$3.50

**Please note:** Add 50c for white roll

### **Extra filling:**

Lettuce, Tomato, Carrot, Cheese	\$0.50
Mayo	\$0.30
Extra toasting	\$0.30

## SALAD TUBS

Salad (Lettuce, Tomato & Carrot)(GF)	\$4.00
Salad with Ham OR Tuna	\$5.00
Salad with Roast Chicken	\$5.50
<i>(A drizzle of salad dressing unless specified).</i>	

## DRINKS & FROZEN TREATS

Water	\$2.00
Milk: (Chocolate & Strawberry)	\$2.50
Just Juice:	\$2.50
(Orange, Tropical, Apple or Apple/Blackcurrent)	
Focus Drink:	\$2.20
(Raspberry, Fruit Fix or Blackcurrent)	
*Slushie: Cola, Raspberry)(GF)	\$2.50
*Frozen Fruit cup (V,GF)	\$1.00
*Paddle Pop (Chocolate or Rainbow)	\$2.00
*Icy Twist (Lemonade)	\$1.50
*Mini Calippo (Raspberry)	\$1.50
*Zooper Dooper (GF)	\$1.00
*Frozen Pineapple Ring (V,GF)	\$0.50
*Frozen Orange Quarters (V,GF)	\$0.50

## HOT FOODS

Lasagne (H)	\$4.50
Spaghetti Bolognese (H)	\$4.50
Plain Penne Pasta (H)	\$2.20
Plain Pasta with tasty cheese (H)	\$2.70
Napoli Pasta (H)	\$3.70
Chicken Burger (Lettuce & Mayo) (H)	\$4.50
Beef Burger (Cheese & Tom Sauce) (H)	\$4.50
Sweet Chilli Tender Sub(Lett & Mayo)(H)	\$4.80
Hot Roast Chicken & Mayo Roll	\$4.80
Dim Sims (steamed)	\$1.00
Sausage Roll	\$3.70
Traveller Pie	\$4.30
Party Pie	\$1.30
Pizza: Hawaiian or Margherita	\$4.00
Hotdog (Add Cheese: + \$0.50)	\$4.00
Halal Hotdog	\$4.70
Chicken Nuggets (x3) (H)	\$2.70
Sweet Chilli Tender (H)	\$2.20
*Cup Of Noodles: Chicken or Beef	\$3.00
Corn Cob (H)(V)(GF)	\$1.00
<b>EXTRA: Tomato Sauce .30c Soy Sauce .30c</b>	

## SNACKS

Fruit	\$1.00
Carrot Stick	\$1.00
Boiled Egg (GF)	\$1.00
Raspberry Jelly	\$1.00
Homemade Muffins	\$2.00
Homemade Cookies	\$1.50
Popcorn (Cheese, Butter or S & V)	\$1.50
JJ'S (Chicken, S & V or Pizza)	\$1.50
Red Rock Deli (Sea Salt or Honey Soy)(GF)	\$1.50
Apple & Raspberry Twists (GF, H, V )	\$2.00

## GLUTEN FREE ITEMS

Chicken Nuggets (3)(GF)	\$3.00
Chicken Tenders (GF)	\$2.50
H&P Pizza Slice (GF)	\$4.00
Sausage Roll (GF)	\$4.30

(H)- Halal (V) - Vegetarian (GF) - Gluten Free

**GREEN = Best Choices AMBER = Eat in Moderation**