

Delivering Next
Generation Employee
Health & Wellbeing



# **Acknowledgment of Country**

We acknowledge the Traditional Owners of this country we live and work, Australia.

We recognise the strong cultural and spiritual relationship to land, communities and cultural ceremony.

We pay our respect to Aboriginal and Torres Strait Islanders Elders past and present and their many leaders.





# Get to know Converge

#### Welcome to Converge!

We are one of Australia's most trusted wellbeing providers, with a network of over 2,000 consultants dedicated to supporting you. You can contact us 24/7 through social media, click to chat, call, online, or through our app. You can be sure that we will be there for you throughout your entire wellbeing journey; all you need to do is reach out.

#### Care Anytime, Anywhere...

This is our promise to you: to deliver support when you need it, wherever you are. When you engage with our services, your session is completely confidential.

## We know everyone is fighting their own silent battles

'One size fits all' approach simply doesn't work



**Mental Health** 



Sickness Absence



Critical & Traumatic Incidents



**Eldercare** 



**Addiction** 



**Terminal Illness** 



**Stress** 



Identity & LGBTQIA+



**Domestic Abuse** 



**Discrimination** 



**Bereavement & Loss** 



Relationships



Caring for a Dependant



Debt & Financial Stress



Separation & Divorce



'Absenteeism' & 'Presenteeism'



**Managing Change** 



Return to Work



Bullying & Harassment



Redeployment



Redundancy

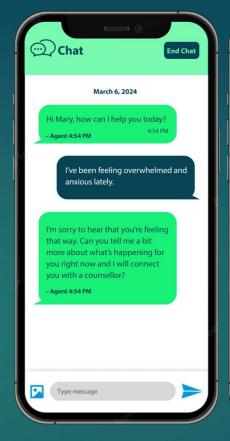


Retirement

## Real-Time Online Booking — in the palm of your hand

Available at no cost through iTunes and Google Play store

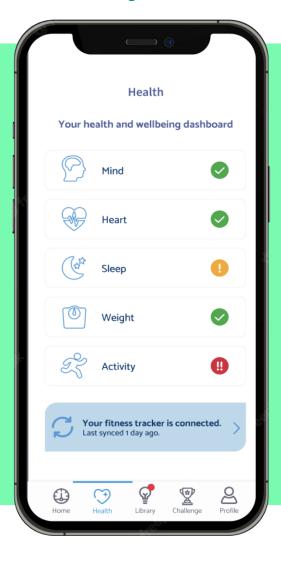


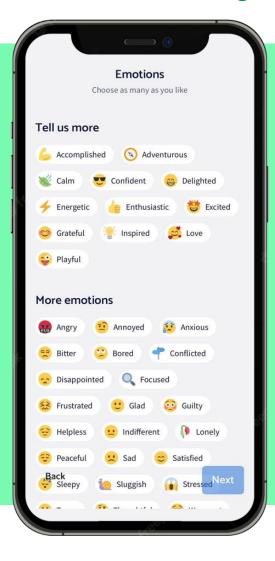




Your teams can 'Click-to Chat' & 'Push-to-Call', as well as Book an Appointment, directly from the App.

#### New Ways to Boost Health & Wellbeing

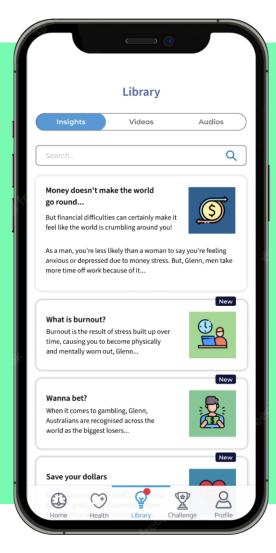




Real-time data tracking across five health areas.

Daily check-ins and mood tracking.

## Access Targeted Feedback, Resources & Self-Guided Programs





Targeted feedback and library of personalised insights.

Access to individual and team health and wellbeing challenges.

#### Ready to Scan?

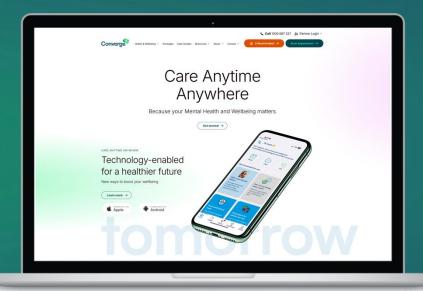


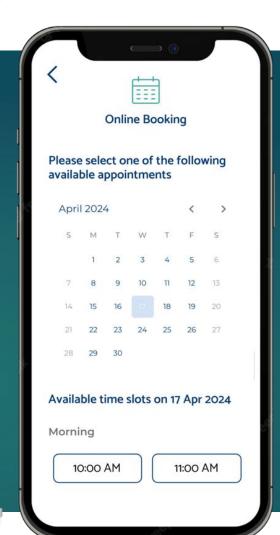
Download the Converge App to use our Live Chat feature and get additional support resources, *Anytime, Anywhere.* 

Insert your unique company code when registering

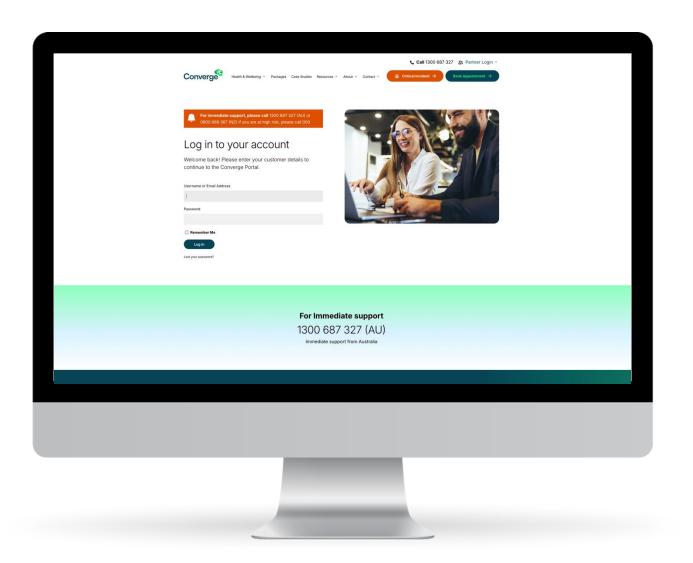
#### Real Time Appointment Booking

Your people can book their own appointments through the Converge online portal or the App





- Real-time appointment booking
- Re-book, reschedule or cancel appointments
- Health metrics tracking & personalised human dashboard
- Individualised Health Insights
- Modules aligned to the wellbeing calendar for hydration, nutrition, exercise, sleep & financial wellbeing



# Access information, events and videos via the portal.

Login: converge

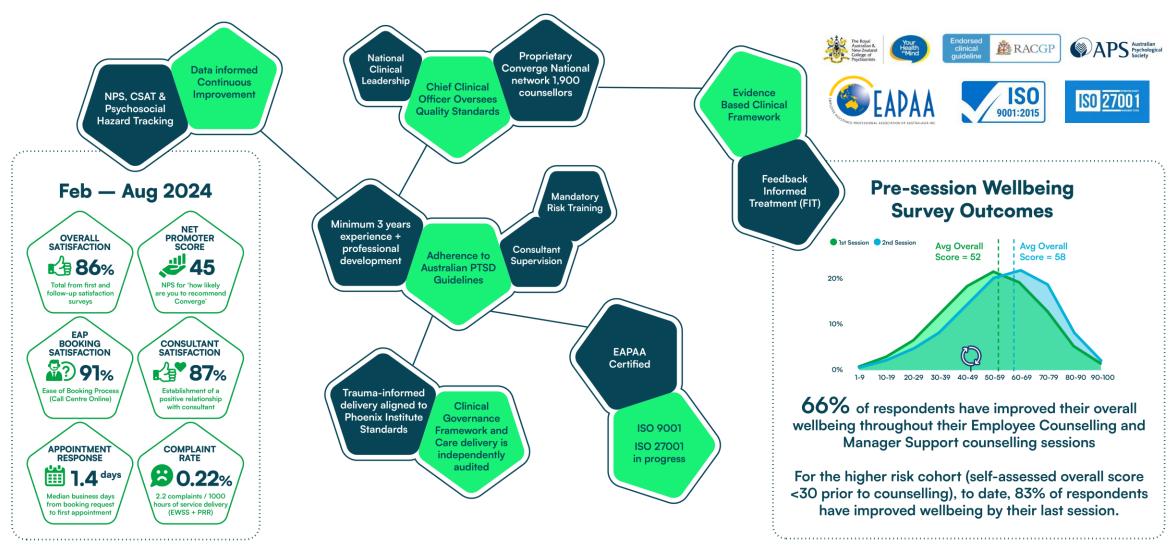
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Converge Health and Wellbeing
Portal comprises an expanding
curated collection of materials
focused on increasing the physical
and psychological wellbeing.

## We have an extensive & experienced clinical care network — we are where you are



#### **Quality-Driven Clinical Care Experts**



#### What else can Converge do for you?



# You can refer yourself to a range of support options:

#### This is our 8 stream model:

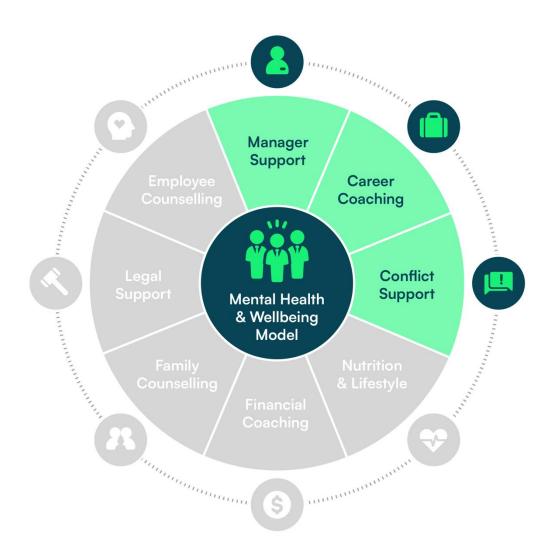
- Addressing the key areas in life that are known to cause concern
- Aligning with all areas of health and wellbeing
- Delivered by key specialists
- Check with your organisation to find out about your session allowance or call us on 1300 687 327

#### Mental Health Care



Employee Counselling provides support and counselling for a range of personal and work-related issues from mental health struggles, to dealing with grief and loss, to being more assertive at work, and a whole lot more...

#### Manager, Career & Conflict Coaching

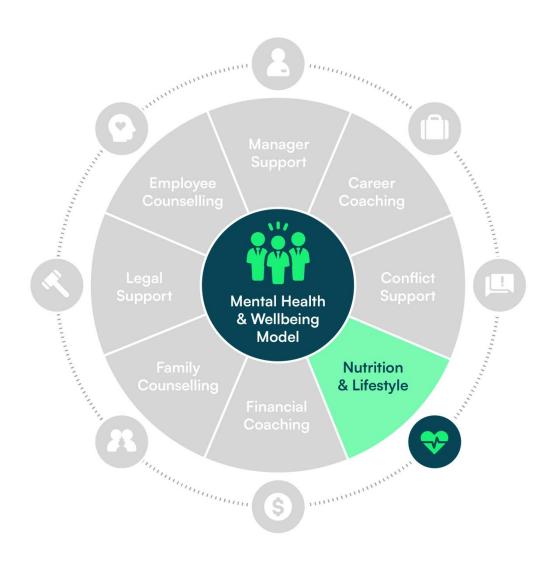


Manager Support provides coaching for tough aspects of people leadership, performance management and dealing with sensitive mental health matters arising in your team.

We also offer **Career Coaching**, which incorporates resume and job search advice, interview skills and career counselling to help you manage your career more effectively

Our **Conflict Support** service, provides coaching on how to work through unresolved conflict in your team, which, if left unchecked, is exhausting and leads to more problems.

#### **Nutrition & Lifestyle**



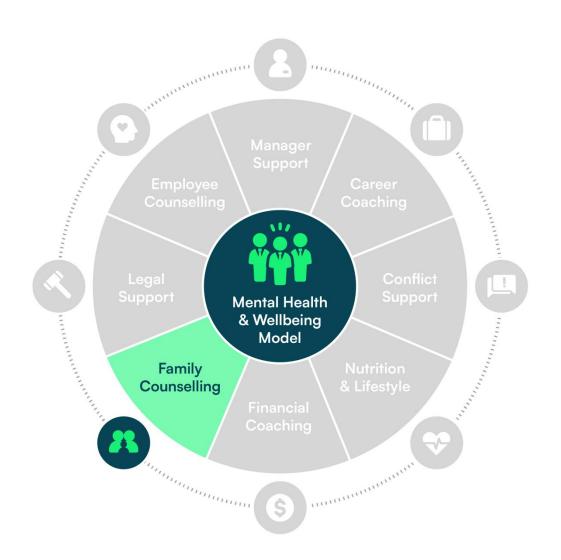
If you want to improve your health, our **Nutrition & Lifestyle** offers advice on nutrition, sleep, and the big challenges that come with life change and transition.

#### Financial Coaching & Legal Support



Through Converge, you may also have access to Financial Coaching and Legal Support where expert coaches work through your financial concerns and provide legal guidance on a range of issues that require specialist knowledge. Check with your HR department which services are available to you.

#### Family Counselling



If your immediate family members are struggling, we know that takes a major toll on you.

Our **Family Counselling** service is here to help them get things back on track which we know will give you peace of mind.

#### We connect with your people in their culture and language

#### **Specialist Helplines**



**FIRST NATIONS** 

1300 287 432

Call for specialist advice and support around indigenous issues. Our consultants can also arrange for referral to other Aboriginal and Torres Strait Islander Peoples services.



LGBTQIA+

1300 542 874

Speak with a specialist counsellor and access support across issues specific to Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex, Asexual and / or Aromantic.



DOMESTIC & FAMILY VIOLENCE

1300 338 465

Speak with a specialist and access counselling, referral and support around domestic and family violence.



AGED CARE SUPPORT

1300 035 337

Access advice on aged care issues and referral to specialist resources, as well as emotional support when caring for family members or friends.



DISABILITY & CARERS

1300 243 543

Disability support and referral to state and local resources and services, as well as emotional support around caring for family or friends who live with disability.



YOUNG PEOPLE & YOUNG ADULTS

1300 687 399

Access age-sensitive support focusing on the emotional needs and psychological pressures many young Australians and students face in their daily lives.

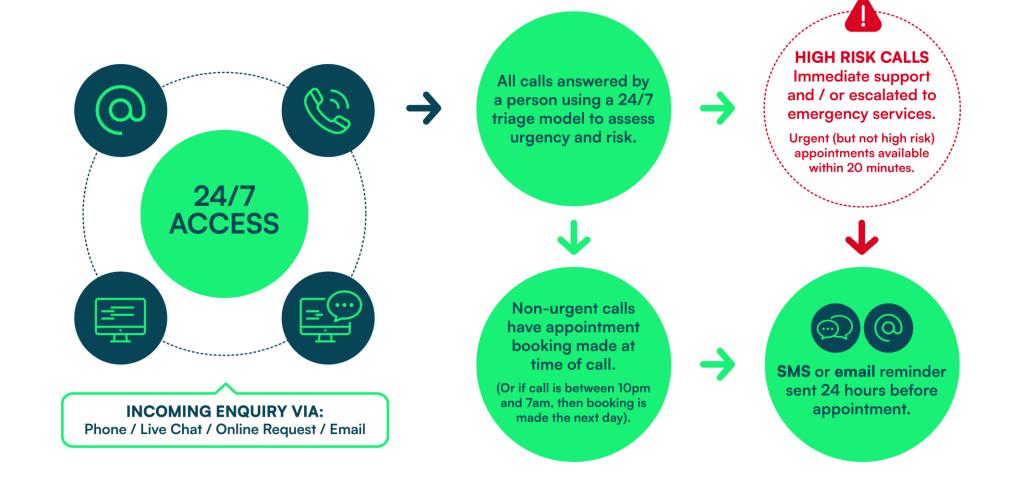


SPIRITUAL & PASTORAL CARE

1300 772 435

Speak with a counsellor who will help you draw on Spiritual resources suitable to your faith journey. We have counsellors from all major faith traditions and every major Christian denomination trained to integrate spirituality as an essential aspect of wellbeing.

# **EAP Intake & Triage Model**



#### **Critical Incident Service Delivery**



#### **IMMEDIATE RESPONSE**

Intake / Assessment Triage

Telephone support for key contact — offered

Pre-briefing with attending Consultant — phone / onsite



#### **INTERVENTION**

**Screen** for reactions

**Assist** with practical needs

**Support** and lay foundations

**Inform** — psycho-education and self care

**Psychological First Aid** 



#### **FOLLOW UP**

#### Follow-up participants:

- 1. 24-72 hrs post incident 2. 7-10 days post incident
- 3. 4 weeks (if required)

Follow-up Call - Manager Service Report (1-2 weeks post incident)





#### **REFERRAL**

Any appropriate time point ie, Onsite support, OHS, EAP, GP, other mental health professionals, other allied health professionals



PROJECT MANAGEMENT // MANAGER SUPPORT // TIMELY REPORTING // MENTAL HEALTH CHECKS

#### Critical Incident Triage & Intake



1300 687 327

Webform - Converge website Mon - Fri 8am - 9pm / Sat - Sun 10am - 9pm All calls answered by RR Triage Team using a 24/7 model to assess urgency and need.



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Immediate support (phone) offered to referring Manager as required



The following elements are assessed & triaged:

- Type of event
- Impact of event identify any risk
- Timing of response
- Method of support (i.e., onsite, phone etc.

Sourcing commences - RR Coordinator Team.



# Acknowledgement email / or call provided:

- Within 20 mins for same day job
- Within 1 hr for jobs within 24 hrs
- Same day or within 24 hrs for jobs 48 hrs

Continued regular email / phone contact until job sourced. Once sourced, confirmation & all job details provided in writing.



#### We take privacy & confidentiality seriously

# Strictest confidentiality will be maintained by Converge International in line with AHPRA guidelines





Duty of care issue arises in which there is potential harm to self or others or when we are obliged to release due to application of any legislation / mandatory reporting



## Reach out to us any time, we're here for you

Appointment scheduling process and service delivery options



#### **Booking an Appointment**

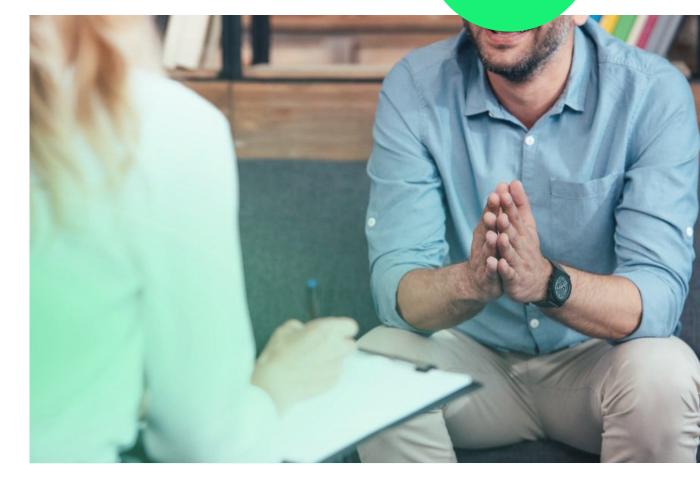
Call **1300 OUR EAP (1300 687 327)** (Aus) **0800 666 367** (NZ) | **+613 8620 5300** (Intl)

Visit www.convergeinternational.com.au to access our Live Chat service or book.

Download our **Converge App** to connect with us through the Appointment icon.

Once your appointment is booked it will be confirmed within 48hrs via a SMS reminder. You can change or cancel up to 24hrs before your appointment.

Urgent phone appointments within 20 minutes.





Our Promise: Care Anytime Anywhere

