



At Oonah we can help you:

- Link in with the local Aboriginal and Torres Strait Islander Community through programs, events, activities and services that encourage Cultural connections.
- Access Culturally appropriate and safe healthcare services, social and emotional wellbeing, as well as NDIS access support and advocacy.
- Engage in a holistic approach to care, with our person-centred approach and Community led model.
- Discover family connections through our Bringing them Home Worker
- Access food security through our Tucker Bag Program
- Link in with age appropriate programs for First Nations young people

Community Programs

Earth, Heart, Spirit - TUESDAY

A program for Aboriginal and/or Torres Strait Islander women. With a strong focus on building health, Culture, resilience and strengthening women through a range of holistic activities. We are aiming to support healthy lifestyle choices, working on healing physical, and spiritual self through a series of activities underpinned by Cultural strengthening as a pathway to healing.

Youth Club - WEDNESDAY

Oonah Youth Club program is for local Indigenous young people of Primary School age. Youth Club inspires and empowers creative learning, life skills, connection to Culture and fun activities.

Playgroup - FRIDAY

A great opportunity for parents and caregivers to meet regularly and connect with local families. A range of activities are provided arts & crafts, songs, stories and play.

Tucker Bag - FRIDAY

This is a food security program that is available to anyone in need, within our catchment area. Bookings must be made before 5:00 pm Thursday.

Deadly Young Leaders- THURSDAY

This a great opportunity for all Aboriginal and/or Torres Strait Islander Secondary School-aged kids to participate in physical activities and improve their health, as well as develop new skills

Interested in our programs?

Call: 03 5962 2940

Acknowledgement

Oonah acknowledges the Wurundjeri people of the Kulin Nations as Traditional Custodians of the land on which Oonah resides. We pay our respect to their Elders: past, present and emerging.

oonah.org.au



Oonah Health & Community
Services Aboriginal Corporation



@OonahBelongingPlace

Contact us

1A Badger Creek Rd, Healesville VIC 3777

(03) 5962 2940

oonah@oonah.org.au



OONAH
ABORIGINAL HEALTH AND COMMUNITY SERVICES

