

# APF Seminar & AGM

## Leadership in a Changing Educational Landscape

**Friday 18 October 2024**

Rendezvous Hotel, Melbourne

9.00 AM – 3.30 PM

**REGISTRATION IS NOW OPEN**

**CLICK [HERE](#) TO REGISTER**

MEMBERS: \$220

NON-MEMBERS \$250



**DR JODI RICHARSON**

**Educational Leader & anxiety and wellbeing speaker**

Mental health isn't developed overnight; it's strengthened through the consistent application of thinking skills, informed choices, & positive habits.

Dr. Jodi delves into the factors that hinder flourishing, highlights key contributors to wellbeing, and shares practical, science-backed strategies that can significantly enhance the vitality, productivity, mental health, and happiness of both yourself as a leader & your staff.

**NARELLE FRASER**

*'It isn't a crime to be stressed'*

Narelle was a member of Victoria Police for 27 years, 15 of those as a Detective. In 2012 Narelle was diagnosed with PTSD & was never able to return to policing, however she overcame many adversities to become a mental health advocate, & keynote speaker where she openly discusses stress in the workplace.



Places are limited with registration closing Friday 11th October 2024

Please contact Jenna on 0412 584 002 or [jbenison@apf.net.au](mailto:jbenison@apf.net.au) for support with registration.

Thank you to our partners for their ongoing support & sponsorship for this event.

