

FREE for Women in Seymour and surrounds

Brush up on your budgeting, saving and spending skills with these FREE workshops starting in February



Spending and Savings

- 1 pm - 2:30 pm Thur 15 February
- 10:30 am - 12 pm Wed 6 March



Banking Basics

- 10:30 am - 12 pm Tues 20 February
- 1 pm - 2:30 pm Thurs 28 March



Keeping Safe Online

- 1 pm - 2:30 pm Tues 20 February
- 10:30 am - 12 pm Thurs 28 March



Superannuation

- 10:30 am - 12 pm Thurs 15 February
- 1 pm - 2:30 pm Wed 6 March

Stepping Stones to YOUR pathway

- Improve confidence
- Make new connections
- Learn new skills
- Reach your goals

10am - 2pm Tuesdays (5 sessions) -
27 February and 5, 12, 19 and 26 March

Free lunch and childcare available!

Employment Workshop

- How to make your resume and cover letter stand out
- Make the best first impressions
- Nail that interview!

10 am to 1 pm on:

- Tuesday 13 February
- Thursday 14 March

Register now at
bsl.org.au/seedproject



0482 188 099



seedproject@bsl.org.au



47A Angelsey Street,
Seymour



Brotherhood of St Laurence
Working for an Australia free of poverty



A hub for women in Seymour and surrounds


The SEED Hub aims to:
support women grow their confidence,
skills and explore personal goals and
goalsetting.



Our support includes:

- 1 on 1 mentoring
- Flexible ongoing support
- Access to all hub programs (see over page...)
- FREE lunch and childcare for our “Stepping Stones to YOUR Pathway” program (see over page...)
- Friendly staff
- Drop in space
- FREE tea and coffee
- FREE internet access and computer use

The SEED Project (Sustaining Economic Empowerment & Dignity for Women) provides an opportunity to increase the financial wellbeing of women in Seymour, Victoria.

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