



HOLY SPIRIT
PRIMARY SCHOOL
THORNBURY EAST

Strong minds.
Kind hearts.
Bright futures.



PARENT INFORMATION SESSION

Calm Minds: Supporting Children's Emotional Regulation

Join us for an informative and practical session focused on supporting your child's emotional wellbeing.



DATE

Tuesday
4th August 2026



TIME

7pm – 8pm



VENUE

197 Clarendon Street,
Thornbury East
(Parish Hall – located
onsite of school)



REFRESHMENTS

Coffee/Tea and
Biscuits provided



Everyone welcome!

Open to current families
and families within our
community.



Guest Speaker:

Tracy Bentin
(School Psychologist)



PLEASE REGISTER YOUR INTEREST
via the following form:

<https://forms.gle/B5vE7gobp7gcUezp7>



Scan me!
to register!