

Dougherty
Community
Centre



WHAT'S ON



CLASSES
WORKSHOPS
EVENTS

July - September 2018



7 VICTOR STREET,
CHATSWOOD
9777 7800

Dougherty Community Centre

We are a flexible, multi-purpose Centre in the heart of Chatswood.

We host activities and classes including healthy lifestyle, spiritual, educational, cultural and hobby groups. You can hire our rooms or kitchen or let us cater for you.

We are surrounded by parking and just a short walk from public transport.



Community Program

CHILDREN

Tiny Tutus Pre-School Ballet

9am - 11.30am, Mondays

9am - 9.30am (2 - 3 ½ years)

9.35am - 10.05am (1 ½ - 2 ½ years)

10.10am - 10.50am (3 - 4 years)

10.55am - 11.30am (3 - 5 years)

Ph: 1300 245 060

Marian St. Youth Theatre

4pm - 5.30pm, Thursdays

Ph: 0400 870 558

Quantum Martial Arts for Children

Ph: 02 8007 4100

info@quantummartialarts.com.au

BrainBuilder Academy

3.30pm - 6.30pm Mondays and Wednesdays

BrainBuilder™ offers a holistic approach to maths education (Year 1 to Year 10)

– from learning new concepts, to using the world-renowned Singapore Maths model-drawing techniques to solve word problems and teaching strategies to ensure students are competition ready.

Ph: (02) 8090 9096

mail@brainbuilder.com.au

Mandarin For Kidz

Start them young! Provide your child with a head start to communicate confidently in Chinese. Book a trial class online - visit www.mandarinforkidz.com

Ph: 8006 9228

admin@mandarinforkidz.com

MUSIC & DRAMA

Beating Time

Choir Rehearsal

12.30pm - 2.30pm, Mondays

Ph: 02 9968 3550

Willoughby UkeStars

7pm - 9pm, Tuesdays

- Beginners Ukulele (8 weeks)

24 July - 11 September

- Intermediate 1 (5 weeks)

25 July - 22 August

- Intermediate 2 (5 weeks)

12 September - 10 October

Ph: 0438 672 732

RJ Performing Arts Academy

We cater for students from 2.5 years of age and up, our specialised pre-school program is the perfect start for your little one. All our classical ballet classes are run under the RAD syllabi with all classes being taught by a qualified teacher.

Ph: 0404846964

Baby Sensory Classes

11.30am - 13.45pm, Thursdays

newsouthwales@babysensory.com

Community Program



Bulgarian Folk Group

7pm - 9pm, Wednesdays

Ph: 0451 519 021

BUSK – Bonzer Ukulele Singing Kollektive

7pm - 9.30pm, every 4th Wed

www.meetup.com

Guitar Lessons with Simon Dawes

3.20pm - 5pm, Fridays

Ph: 0415 911 480

Saturday Music Group

1pm - 4pm, Saturdays

Ph: 9958 8837

Singing Made Easy

Call for bookings

Ph: 0414 109 313

Baby Mozart Music Class

9.30am - 11.30am, Saturdays

Ph: 0433 914 990

Charlie Little Theatre Appreciation

1.30pm - 3.30pm, alt. Thursdays

Ph: 9389 7316

HEALTH & EXERCISE

Tai Chi Society

6.30pm - 7.30pm, Mondays

Ph: 9954 7266

Tai Chi for Seniors

9.30am - 10.15am, Wednesdays

Ph: 9954 7266



Community Program

Japan Club of Sydney – Dancing

**11am - 12noon, every 2nd
and 4th Tuesday**

Ph: 0405 235 365

Active Seniors with Sally Castell

1pm - 2.30pm, Tuesdays

Ph: 0414 428 528

Weight Watchers Meeting

12pm - 1pm, Wednesdays

Janet Statham Yoga

10am - 11am, Wednesdays

Ph: 9817 3937



Meditation and Buddhism drop-in class

7pm - 9pm, Tuesdays

Ph: 9699 9902

Older Women's Network Northside Wellness Activities Centre

9am - 2pm, Wednesdays

- 10am – Feldenkrais
- 11.15am – Book Club/
Information Session
- 1pm – Qigong

Ph: 9415 2474



Community Program



LANGUAGE CLASSES

Alliance Francaise de Sydney

8.30am - 1.30pm, Saturdays

Ph: 9292 5700

Lip Reading Class –
Better Hearing Aust

5pm - 6pm, Mondays

Ph: 9744 0167



SOCIAL GROUPS

Chatswood Early
Risers Toastmasters

7.15am - 8.15am, Tuesdays

E: vpm@earlyrisers.org.au

Chess Group

9am - 2pm, Tuesdays

Ph: 9427 4871

Willoughby Senior Citizens

9am - 1pm, Tuesdays

Ph: 9777 7824 (Bus available)

Philatelic Society of NSW

7.30pm - 9pm, every 3rd Tuesday

Ph: 0414 428 528

Wednesday Social
Activity Group

10am - 3pm, Wednesdays

Ph: 9777 7805 (Bus available)

Chatswood Speaking
& Leadership Club

6pm - 8pm, Wednesdays

chatswoodspeakersleadership@gmail.com

Community Program

BCS Friday Night Social Club

4pm - 10pm, Fridays

Ph: 8438 8000

North Sydney NSW Justices' Meeting

**7pm - 9pm, every 2nd Wednesday
of the month**

Ph: 0402 037 377

Sydney Video Makers Club

**7pm - 10pm, every 2nd and 4th
Wednesday**

Ph: 0438 980 060

North Shore Orchid Society

**7pm - 11pm, every 1st Wednesday
of the month**

Ph: 9452 3202

DCC Knitting Group

12pm - 2pm, Thursdays

Ph: 9419 3447

Ming Shi Dementia Respite Day Care

9am - 3pm, Tuesdays

Ph: 9412 3488



Social Circle

1pm - 3pm, Thursdays

Ph: 9777 7824

Rotary Club of Chatswood Sunrise Meeting

7am - 8.30am, Fridays

Ph: 0427 021 506



Community Program

Iranian Cultural & Art Society of NSW

7pm - 11.30pm, various dates

Email for bookings

jimvali@yahoo.com.au

Midnight Feast

4.30pm - 6pm, Tuesdays

Drama tuition for all people.

Ph: 0435 940 029

CONTINUOUS LEARNING

University of the Third Age

Please call for program information, days and times

Ph: 0414 694 925

Senior Internet Kiosk

Sessions are available in English, Mandarin and Cantonese. If you are 50 years and over and are interested in gaining confidence with technology, you are entitled to six, one hour sessions.

To book phone **9777 7800**.

Macquarie Community College – Term 3

July - September

Ph: 8845 8888

Cake Decorating - All Levels

7pm - 9pm, 30 July - 17 September

Solo Dance Exercise - For Fun & Fitness

6.30pm - 7.30pm, 31 July - 18 September

Singing Vocal Technique

6.30pm - 8.30pm, 1 August - 19 September



Community Program

Senior Society of Japan Club Sydney

**12pm - 3pm,
3rd Saturday of each month**

Northern Sydney Aged Day Care Centre (Mandarin)

**10.30am - 12.30pm, Mondays
9.45am - 2.45pm, Fridays**
Ph: 9412 3488

SUPPORT GROUPS

Anxiety Disorder Support Group

7pm - 8.30pm, every 1st Monday
Ph: 1300 794 992

OCD Support Group

7pm - 8.30pm, every 2nd Tuesday
Ph: 1300 794 992

Lifeline Financial Counselling

10am - 5pm, Wednesdays
Ph: 9498 8805



Chatswood AA Group

7.15pm - 10.15pm, Fridays

AA Meeting

8.30am - 9.30pm, Sundays

Weight Watchers

12pm - 1pm, Wednesdays

Cansupport – Meditation & Relaxation

9am - 12pm, Mondays
Ph: 9463 1188

Willoughby Legal Information Service

**6.30pm - 7.30pm,
Some Thursdays by appointment**
Ph: 9777 7800

Community Program

WORSHIP SERVICES

Indonesian Church
– Ecclesia Mission

9am - 2pm, Sundays
<http://ecclesmission.com/>

North Sydney Mandarin
Christian Church

2.30pm - 4.30pm, Sundays
<http://aumcc.org.au>

The Baha'is of Willoughby

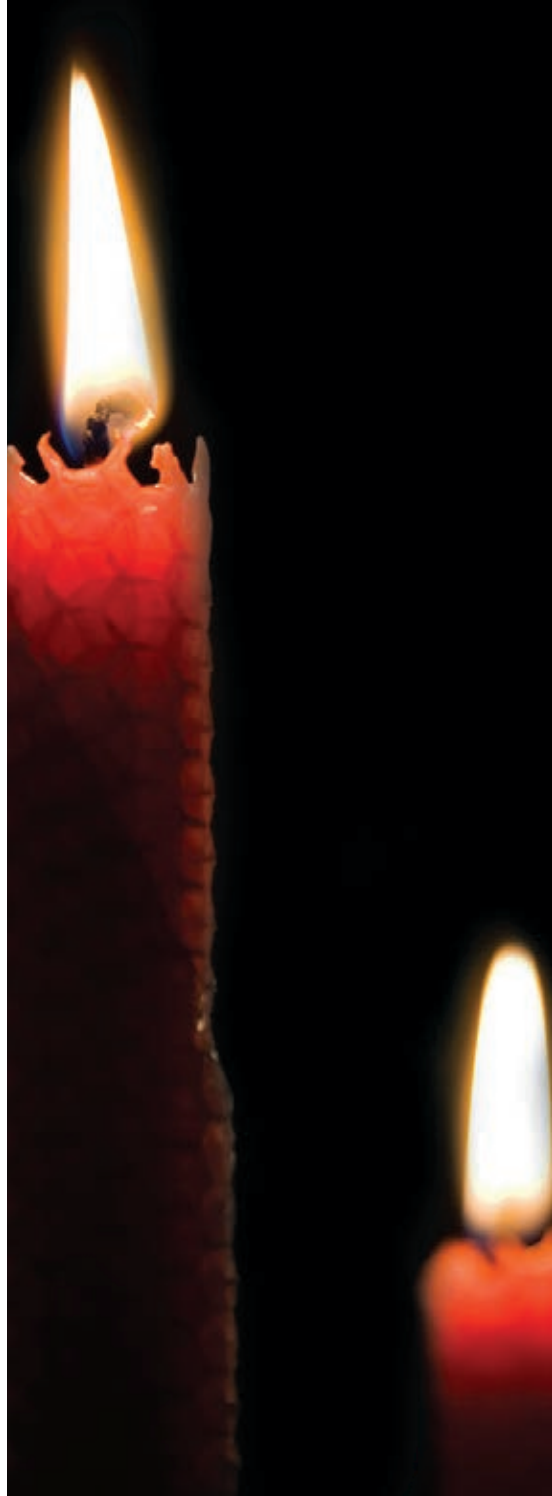
7pm - 11pm, various days
willoughby@nsw.bahai.org.au

Jumah Prayer

12.30pm - 2.30pm, Fridays
<http://www.amca-sydney.com/>

Grace City Church

8.30am - 12.30pm Sundays
adrian.tam@gracecitychurch.net
Ph: 0416 366 168



Venue Hire



With a variety of rooms to accommodate from two to 188 people, we can provide you with a variety of audio-visual equipment, free WiFi, catering and a team of experienced professionals who will be happy to work with you to ensure your event's a success.

Optional inclusions and extras:

- DVD/VCR/CD players
- Microphones/Cordless
- Pianos
- Data Projector
- Whiteboard
- Professional and affordable catering
- Ipod / usb capability for audio

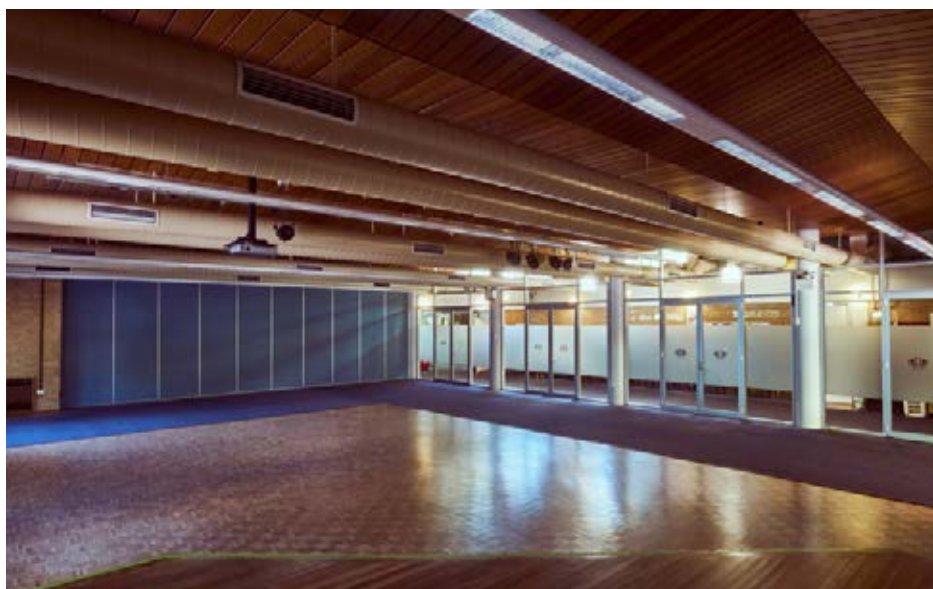


Venue Hire

ROOMS FOR HIRE

Auditorium

- Maximum capacity: 126
- Theatre style seating: 126
- Boardroom style tables: N/A
- U Shaped/Classroom tables: 96
- Games: 96



Venue Hire

Auditorium and Extension

- Maximum capacity: 188
- Theatre style seating: 188
- Boardroom style tables: N/A
- U-shaped/Classroom tables: 132
- Games: 132

Dining Room

- Maximum capacity: 80
- Theatre style seating: 80
- Boardroom style tables: N/A
- U Shaped/Classroom tables: N/A
- Games: 70



Meeting/Craft Room

- Maximum capacity: 36
- Theatre style seating: 36
- Boardroom style tables: 22
- U-shaped/Classroom tables: 20
- Games: 20

Annexe

- Maximum capacity: 50
- Theatre style seating: 50
- Boardroom style tables: 26
- U-shaped/Classroom tables: 24
- Games: 24



Venue Hire

Extension

- Maximum capacity: 50
- Theatre style seating: 50
- Boardroom style tables: 26
- U-shaped/Classroom tables: 24
- Games: 24

Room 1/Room 2

- Maximum capacity: 4
- Theatre Style seating: N/A
- Boardroom style tables: 4
- U-shaped/Classroom tables: N/A
- Games: 4



Hideaway

- Maximum capacity: 15
- Theatre Style seating: 15
- Boardroom style tables: 10
- U-shaped/Classroom tables: 9
- Games: 12

Orchard

- Maximum capacity: 20
- Theatre Style seating: 20
- Boardroom style tables: 16
- U-shaped/Classroom tables: 14
- Games: 20



Venue Hire

Studio

- Maximum capacity: 15
- Theatre style seating: 15
- Boardroom style tables: 10
- U-shaped/Classroom style tables: 9
- Games: 12

Jack Donnelly Room

- Maximum capacity: 30
- Theatre style seating: 30
- Boardroom/Classroom style tables: 10
- U-shaped style tables: 14
- Games: 16



**To book online, please go to
www.willoughby.nsw.gov.au**

**For further information about
venue hire, please phone
9777 7800.**



Volunteering Opportunities

Thinking about volunteering?

For opportunities to meet people,
assist others to live safely and happily
in the community and experience
some of the things that we all
take for granted or assist with
gardening, bushcare and
library activities?



We need you!

If you are interested, please
contact the Willoughby City Council
Volunteer Officer on **9777 7815** or email
Insvolunteer@willoughby.nsw.gov.au

www.willoughby.nsw.gov.au



WILLOUGHBY UKESTARS

Ukulele Beginners Classes & Workshops SEMESTER 3

Cheap, portable, and requires no musical training

Only four strings!

Have fun while you strum

Sing and play at the same time in a class environment

Taught by internationally certified James Hill Ukulele teacher, Ian Porter

Popular repertoire covered

Beginners	8 weeks \$180	TUESDAY	24 July – 11 September
Intermediate 1	5 weeks \$120	WEDNESDAY	25 July – 22 August
Intermediate 2	5 weeks \$120	WEDNESDAY	12 September – 10 October

If you are interested in attending the classes or workshops, please contact
Ian Porter at willoughbyuke@gmail.com

Venue Hire

KITCHEN HIRE

Commercial kitchen hire is available at the Dougherty Community Centre. This service is available for casual or ongoing catering, cooking classes or demonstrations. Facilities include commercial ovens, gas burners, dishwasher and stainless steel preparation benches.

For further information please phone 9777 7800.



CATERING

Our professional catering service can cater for a full range of events, from breakfast meetings, working lunches, morning and afternoon teas to gourmet finger food for special events.

**For further information,
please email
Fooddcc@willoughby.nsw.gov.au
or phone 9777 7820.**



At Home with Willoughby



MEALS ON WHEELS

Delicious and nutritious meals cooked and delivered to your door every weekday – a large range of meals are available including Western, Asian and Mediterranean, with seasonal changes.

Nutritionally optimised for older clients and specific to all dietary needs, we offer low fat-high protein meals as well as pureed, cut-up and soft meal options. Meals can be delivered hot, chilled or frozen.

MEALS ON WHEELS SOCIAL LUNCH CLUB

Enjoy the company of your peers while savouring a delicious two-course meal in a friendly and accessible environment. Held twice a month, book a table with

friends or come along and make some new ones. Entertainment and informative talks provided by local community groups and services.

Bookings essential. Some transport is available.

SOCIAL OUTINGS

Gain a sense of wellbeing from interacting with your peers while visiting interesting locations around Sydney.

Full day trips are held on the 1st and 3rd Wednesday of the month. The bus picks clients up from their homes, stops for morning tea, then carries onto the lunch venue via a scenic drive.

For clients with less mobility, a shorter outing is available on the 4th Wednesday of the month with helpful assistance.

At Home with Willoughby

SOCIAL GROUPS

Friends in Community - If you are feeling isolated or lonely, we can organise a friendly volunteer to visit your home to have a chat over a cup of tea, play a game of cards or read articles from newspapers and magazines.

Social Circle - Meeting on Thursdays from 1.00pm to 3.00pm, our friendly group enjoys movies, games, special guest speakers and excursions.

Seniors Walking Group - Walking is gentle on the body and suitable for people of all ages. Journey with us to a flat, even walking route (approx. 45mins) followed by a catch-up over a well-deserved cup of tea or coffee.



Wednesday Social Activities

Group - Meeting every week, the group welcomes people from all backgrounds to come and enjoy social activities, outings and lunch at various venues around Sydney.

SHOPPING SERVICES

Shopping - Offers flexible options to meet your needs, including assistance to access home delivery services, a bus to transport you from home to Chatswood, or a shopping companion.



At Home with Willoughby



LINEN SERVICE

A team of caring volunteers will visit your home each fortnight to deliver freshly laundered sheets, pillowcases and towels.

Volunteers will also assist you with changing the sheets and remaking your bed. Used linen is returned to the service to be commercially laundered.

INFORMATION & ADVOCACY

Comprehensive information on aged services is available to assist you in making informed decisions about your choices.

A quarterly newsletter providing information on services, upcoming events and helpful hints on health and wellbeing is available.



To find out more about At Home with Willoughby, including access, eligibility and costs, please contact our friendly staff on 9777 7830.

At Home with Willoughby

TIME TO GROW

Feel Good

Gardening Classes

11am - 1pm

Fridays from 17th August

Dougherty Community Centre

Grow your own herbal teas

Friday 17th August

Learn about the benefits of home-grown teas and plant a pot of herbs to take home.



Grow your own gourmet herbs

Friday 24th August

Learn about gourmet herbs - with a cooking demonstration showing how to use herbs to flavour your meals.

Herbs for sensory gardens

Friday 31st August

Learn about essential oils of your favourite herbs and propagate cuttings to take home.

Herbal pestos and micro herbs

Friday 7th September

Enjoy a pesto cooking demonstration and plant up a pot of micro herbs to grow at home.

Learn how to dry and store your home-grown herbs

Friday 14th September

Dry and store your home-grown herbs and save seeds for next season. Seed swapping is a great way to exchange locally adapted edible plants, bring along seeds to share if you have them!

Special Events

Community Food Swap

9.30am - 11.30am

1st Friday of every month

Blend Café at the Dougherty

Community Centre

Are you a keen gardener with excess produce in your garden? The Food Swap is a great opportunity to meet other local green thumbs, swap gardening tips and even pick up some produce you've never tried before.

For further information, please phone 9777 7800.

Blend Café Art Space

Blend Art Space is provided to exhibit works by local artists, community art and art therapy organisations.

Visit our current exhibition by local North Shore artist. Brian Morton has been dabbling in artwork for over 60 years – a fascination which started with adding colour by painting his holiday snaps in the 1950s. He's experimented with a wide range of mediums from pencil to pen and paints with formats from small cards at Christmas to large canvases. He also likes to capture current affairs satire and cartoons on card.



Originally trained as a civil engineer, Brian aims to capture the illusion of depth, movement and energy, with abstract concepts and gatherings of people, as highlighted in this exhibition.

Dance to the Nines

6pm - 9pm, Friday 14 September

Dougherty Community Centre

Come along to meet new friends and dance the night away to live music! Light refreshments will be provided. This is an inclusive event and is open to anyone interested in enjoying an evening with people who have a positive attitude.

For further information or to book, please phone 9777 7800 or visit the Dougherty Community Centre. Tickets \$10 (to be paid upon entry).

School Holiday Program Brain Builder Academy

9am - 5pm, 9 - 13 July and 16 - 20 July

Morning session: 9am - 12.30pm

(3 hour class + break)

Afternoon session: 1.30pm - 5pm

(3 hour class + break)


Learning maths strategies to solve challenging problems.



Dance to the Nines




An accessible evening for people over 18 with
a disability including your family and friends
Light refreshments provided
Dance to the music of **Evergreen**



Friday 14 September 2018
6pm - 9pm
Dougherty Community Centre
7 Victor St, Chatswood



Tickets \$10 – pay at the door
(carers free as no individual support provided)



RSVP: 9777 7800 or email
dcc@willoughby.nsw.gov.au





BLEND

COFFEE. ART. FOOD.

ART EXHIBITION SPACE • FREE WIFI • CHILDREN'S PLAY AREA

Enjoy delicious Sacred Grounds Coffee with freshly made muffins and savoury selections from our kitchen.

Tour the current art exhibition and relax in our newly greened Courtyard Garden, where community share herbs and salad leaves are available.

Catering available.



Open 8.30am - 3pm, Monday to Friday

DOUGHERTY COMMUNITY CENTRE

7 Victor St Chatswood
9777 7820



www.willoughby.nsw.gov.au



Enjoy programs and activities at Willoughby City Council's community centres:

Willoughby Park Art & Recreation Centre
Corner of McClelland and Warrane Road, Willoughby
Ph: 9967 2917

willpark@willoughby.nsw.gov.au

Willoughby Park Centre offers a variety of art and recreational activities for adults and children, including term classes and school holiday programs, as well as a range of rooms for hire.

The Centre also manages venue hire for Castle Cove Community Learning Centre, Naremburn Community Centre, Northbridge Branch Library Community Space and West Chatswood Community Learning Facility.

MOSAIC Multicultural Centre
12 Brown Street, Chatswood
9777 7952
mosaic@willoughby.nsw.gov.au

A Multicultural One-Stop Assistance Information Centre, MOSAIC offers a range of programs for Willoughby's multicultural community, including English classes, language programs, social groups, leisure activities and technology programs, as well as venue hire.



Willoughby Leisure Centre
Small Street, Willoughby
9958 5799
leisure@willoughbyleisure.com.au

Willoughby Leisure Centre offers aquatic and sports services including:

- 25-metre pool
- Spa and sauna
- Indoor and outdoor sports courts
- Health Club - featuring classes for all ages and fitness levels
- Play Club

Willoughby Leisure Centre also caters to birthday parties and has an onsite café, Blend Poolside.

Additional facilities for venue hire or where offsite classes are held include Joe Ciantar Studio, 139 Artarmon Road, The Willis Tennis Facility and Tyneside Tennis Courts.

For further information, please visit **www.willoughby.nsw.gov.au**

Dougherty Community Centre



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