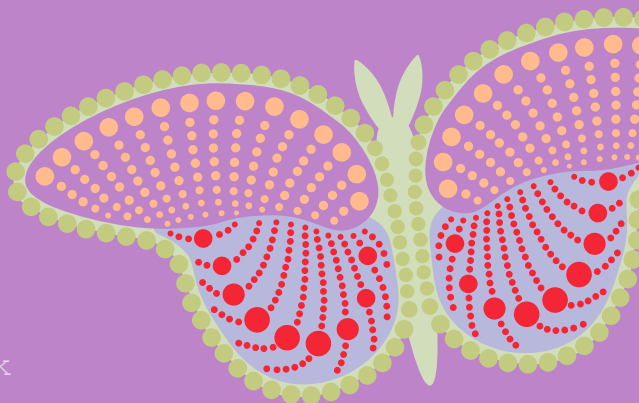
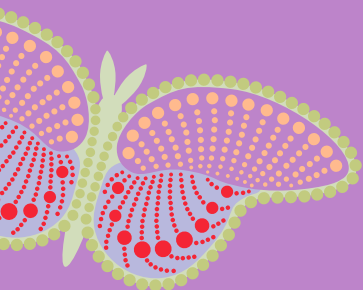
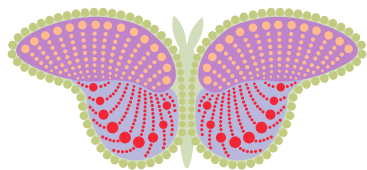


"Helped me acknowledge  
that control isn't love"  
*(Young Luv participant)*

# YOUNG LUV



"It was good to have a  
safe environment to talk  
about issues"  
*(Young Luv participant)*



# YOUNG LUV

#youngluv4FVPLSVIC

The *Young Luv* program is part of FVPLS Victoria's Early Intervention and Prevention program and it is focused on promoting healthy relationships for Aboriginal young women between 13 and 18 years old.

*Young Luv* is an innovative and challenging program developed by and for young Aboriginal women. This program engages young women in a culturally safe space where they can talk about, reflect on and better understand important issues including:

- the dynamics of healthy relationships
- how to recognise inappropriate or unsafe behaviour
- safety while dating, including how to access appropriate support
- safety online and appropriate use of social media.

The program is delivered as a two hour workshop format where participants can develop skills for identifying respectful and healthy boundaries in relationships.

*Young Luv* draws on cultural strength to help young women build resilience and develop coping strategies to deal with issues impacting their lives and their communities.

The program is an opportunity for young women to reflect on their own aspirations, dreams and capacity to make positive decisions.

The *Young Luv* workshops can be delivered in schools, community organisations, and community groups.

For more information or to organise a *Young Luv* workshop in your community, please contact Tahnee Edwards, Community Engagement Officer on **03 9244 3333** or at [tedwards@fvpls.org](mailto:tedwards@fvpls.org)



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