## **The Work Of Byron Katie**



## JUNE 20-21 TURN YOUR LIFE AROUND

## ONE BELIEF AT A TIME

'The Work' is a very simple process of questioning your thoughts. It is a tool that you can use to support your own process of dealing with stressful thoughts to create clarity and bring you peace.

It is also a tool that will support you in all of your dealings with others, be they work colleagues, parents, you as a parent, or the children themselves.

Learn a skill you can take away with you

You will walk away with a new perspective on your life

Lunch and Refreshments included

Ongoing support after the weekend

You need only bring an open mind

## **BEING HELD AT**

Natremed 45 Skene Street, Shepparton

www.inquiryatwork.com.au

June 20 Register 8.30am
Event 9am – 5pm
June 21 Event 10am – 4pm

