# Newsletter

May 2023









# What's been happening...

#### Welcome to Term 2

Hello to our families and children!

Welcome to term 2, we hope you had lovely school holiday's and enjoyed your time off. These past two weeks we have been preparing the service for the term, we have set a goal focusing on the children's mental and physical wellbeing.

We are exploring mental wellbeing by Implementing a gratitude & kindness wall, this contains buckets made by each child for themselves, children can write notes of gratitude to their peers to encourage positive thinking and expression towards others. For physical wellbeing we will be Implementing daily outdoor or Indoor activities that get children moving, we will also try some daily mediation for 3-5 Minutes working our way up as they improve.

Starting our kids' clubs!

This term we will be doing a cooking club suggested by the children this is a club that the children have loved in the past and is very versatile as we can focus on different aspects of cooking. It will be linked to our goal this term by relating the theme of the club to healthy meals/snacks.

That's all from us at OSHClub, Have a wonderful day :)

# **Coming Up**



## Mental health awareness week

Gratitude wall



## **Mother's Day**

Mother's Day crafts



## **International Day of Families**

Making our families

# **Special Announcements**

### **Goodbye Maria**

Dear families, I'm sorry to announce that Maria will be resigning from her role as coordinator here at OSHClub, her last day will be on Monday the 8th of May. I will be taking on the role of coordinator in her place and we will be getting a new educator to work with the children and I within the service. It's very sad to see Maria leaving but I'm grateful for this opportunity to progress in my career and maintain and further develop my relationship with the school.

#### Children's Clubs

#### **Photo Gallery**







