

## ECHUCA TWIN RIVERS SCHOOL – LUNCH MENU – 2020

Sandwiches & Rolls	Sandwich Price \$	Roll Price \$	Wraps	Wrap Price \$
Vegemite	\$ 2.10	\$ 2.60	Salad (lettuce, tomato, carrot, beetroot, onion)	\$ 4.20
Cheese	\$ 2.60	\$ 3.10	Chicken & Salad (lettuce, cheese & mayo)	\$ 4.20
Chicken, lettuce & mayo	\$ 3.70	\$ 4.20	Ham & Salad (cheese, lettuce & tomato)	\$ 4.20
Egg, Lettuce & mayo	\$ 3.60	\$ 4.10	Roast Beef & Salad (grated carrot, lettuce & cucumber)	\$ 4.20
Meat	\$ 3.20	\$ 3.70	<b>Salad Boxes</b>	<b>Price \$</b>
Meat & Cheese	\$ 3.70	\$ 4.20	Super salad (lettuce, tomato, carrot, beetroot, onion)	\$ 4.20
Meat, Lettuce & Tomato	\$ 3.70	\$ 4.20	Mega Salad (as above plus one of the following – meat, cheese or tuna)	\$ 5.20
Tuna, Lettuce & mayo	\$ 3.70	\$ 4.70	<b>SNACKS</b>	<b>Price \$</b>
			Fresh fruit (Apple, Banana, Orange, Pears)	\$ 1.10
			Fresh Fruit Small (small tub)	\$ 3.00
Salad (Lettuce, tomato, carrot, beetroot, onion)	\$ 3.70	\$ 4.20	Banana Muffins (GF)	\$ 3.00
			Blueberry Muffin	\$ 3.00

**Biscuit cheese Platter** – includes 5 dried biscuits, 2 carrot sticks, 2 celery sticks, 1 cherry tomato, 2 cheese pieces \$4.00

All made on white bread. Whole meal available if requested. Margarine used unless requested not to have.

***Meat choices available: Ham, chicken, strass, salami, beef, corn beef***

**Extras (each item additional)** Mayonnaise (unless specified above) plus \$ 0.20

Lettuce, beetroot, carrot, tomato ..... plus \$ 0.30

Cheese, ham, chicken, tuna or egg ... plus \$ 1.00

HOT FOOD (Everyday)	Prices \$	Hot Dogs	\$ 3.30
Pies /Pasties	\$ 4.00	Savoury / Italian Rolls	\$ 2.50
Party Pies	\$ 1.60	Steam Dim Sims	\$ 1.00
Sausage Rolls (Bakery Large)	\$ 4.00	Sauce (soy or tomato)	\$ 0.25
<b>Egg and Bacon quiches</b>	\$2.50	<b>Corn on cob</b>	\$1.10

DAILY SPECIALS		Prices \$
<b>Monday</b>	Baked potato with coleslaw	\$ 4.00
	Fried Rice	\$ 4.00
	Ham & Cheese Croissant (HOT); OR a Ham, Cheese & Tomato Croissant	\$ 3.50
	Cheese Croissant (HOT)	\$ 3.00
<b>Wednesdays</b>	Spaghetti Bolognese	\$ 4.00
	Gluten Free Lasagna (Home-made)	\$ 5.00
	Pasta only with cheese (Wednesday only)	\$3.50
	Chicken Caesar Salad	\$ 5.00
	Chicken Rice Paper rolls (2)	\$5.00
	Tuna Cakes (2) and salad (lettuce, tomato, cheese)	\$5.50
<b>Fridays</b>	Choose from either a Cheese OR a Hawaiian Pizza (Home-made)	\$ 4.30
	Gluten Free Lasagna (Home-made)	\$ 5.00
	Thai Beef & Noodle Salad (Rice noodles, Thai beef, cucumber, pepper & mixed leaves)	\$ 5.50
	Zucchini Slice (hot or cold) and salad (lettuce, tomato, cheese)	\$ 5.00