



positive PARENTING



Take the stress out of parenting

A series of 3 free engaging and informative workshops
for parents with children aged 3 to 12 years

Workshop 1. The Power of Positive Parenting 6:00pm-8:00pm, Monday 13th May 2019

Ensuring a safe engaging environment - Creating a positive, learning environment - Using assertive discipline - Having reasonable expectations - Looking after yourself as a parent

Workshop 2. Raising Confident and Competent Children 6:00-8:00pm, Monday 20th May 2019

Showing respect to others - Being considerate - Having healthy self-esteem - Having good communication and social skills - Being a good problem solver - Becoming independent

Workshop 3. Raising Resilient Children 6:00pm -8:00pm, Monday 27th May 2019

Recognising and accepting feelings - Building a positive outlook - Developing coping skills -Expressing feelings appropriately - Managing negative feelings - Managing stressful life events

Light refreshments and crèche provided

Where: Henley Beach Primary School
38 Hazel Terrace, Henley Beach South

To book: **MAX 30 per session.** Contact the front office on
phone 8356 2117 or email
DL0177_info@schools.sa.edu.au

Everyone is welcome, however *bookings are essential*

*** Please arrive 10 minutes earlier for registrations ***

Delivered by the Department for Education's Parenting and Family Support Team

Book
Today!

Happy families. Better relationships. Successful kids.

FREE



Government of South Australia

Department for Education

