



Parent Information: Tip Sheet 3

Focus Area 3: Recognising and reporting abuse

Parents and Carers can support their child to:

- ✓ know and use the correct names for all body parts
- ✓ understand that they are in charge of their whole body (including private body parts and the mouth) and no one has the right to touch them without their permission
- ✓ know the difference between safe and unsafe touching, eg Safe – if two friends agree to hold hands or hug; Unsafe – touching private body parts unless receiving medical treatment by a trusted adult, doctor or nurse
- ✓ understand that some touch may be uncomfortable but necessary, eg when going to the doctor or dentist
- ✓ practise saying 'No' and 'Stop it' if they feel unsafe or are being touched in a way that makes them feel uncomfortable
- ✓ know how to recognise abuse (physical, emotional, sexual, neglect), eg being hurt, seeing others being abused, being touched inappropriately, no food or clean clothes
- ✓ understand who they can seek help from in the community if they are lost or unsafe, eg police officer, shopkeeper, bus driver – identified by their job and uniform
- ✓ know how to use the internet safely and respectfully (under supervision)
- ✓ know the difference between safe and unsafe secrets, tricks and threats, eg safe – surprise birthday present; unsafe – private parts touching, being threatened with punishment or tricked with gifts. If unsure, talk to a trusted adult.

