



Inner Peace in Divine Love

A 'retreat in daily life' - it is for busy committed people who cannot afford to take time off work and pay for increasingly expensive retreats in spirituality centres. The retreat is made over four weeks (16th October – 6th November) and is based on the Spiritual Exercises of St. Ignatius of Loyola.

- This retreat brings one's desires to light and into the presence of a personal God.
- It brings one's own life experience into this relationship using various prayer methods such as imaginative contemplation.
- It takes one quickly and deeply into prayer.

**What happens then is freely up to God.
Do you dare ?**

The retreat will be directed by Paul White, who brings a background of living Ignatian Spirituality as a member of Jesuit and Ignatian Spirituality Australia. Paul has a Graduate Diploma in Spiritual Direction and enjoys and is greatly experienced in giving retreats in Victoria and NSW.

(Dependent on numbers) the retreat will be offered with a choice of times:

Mondays: 16th October; 23rd October; 30th October; 6th November

Times: 1:30pm – 3.00pm or 7:00pm – 9:00pm

Venue: Mons. Peter Jeffrey Centre, St. Brendan's Parish, Knight St. Shepparton.

Cost: \$40.00 (covers the cost of the retreat book if required.)

Registration is required by Sunday 20th September

Enquiries to Paul White – mob. 0437290950



Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. (1 Cor 13:4–7)