



Conversation Menu

STARTING AT DSC
IN 2021

APPETISER

Going back to school after a few weeks of fun and relaxation is never easy, but young people aren't the only ones who struggle with it. Parents also find it difficult when their young people head back to school, and many will experience a range of emotions. Doncaster Secondary College (DSC) encourages all families to regularly communicate with others about how they are experiencing the school year.

ENTREE

Students and parents discuss how you **felt** before school started.
Students and parents discuss how you **feel** now school has started.

MAIN

Success at DSC is a team effort between students, teachers and families. We encourage students and parents to be open and honest with each other about their school experience. Regular communication about workload, homework tasks, assignments, school activities and school expectations is essential. This communication could be completed in a range of ways such as whiteboard lists, dinner conversations, bedtime conversations, to-do lists, family calendars etc. Discuss what strategies, types of communication and timelines would support you as a family to have open and honest communication about the school experience.

DESSERT

For some, school days may not be as exciting as holidays, but that doesn't mean it needs to be a boring time. Look for ways to keep things fun, whether it's upholding or starting new family traditions, such as family breakfast and reading or watching a TV series together, or look for extracurricular activities the student will enjoy, such as swimming, yoga, football or music and art.

What family activities will you commit to do together?

LEFTOVERS

Helping kids get back into a school routine:

<https://childmind.org/article/helping-kids-back-school-routine/>

Tips for starting school:

<https://www.education.vic.gov.au/parents/going-to-school/Pages/tips-starting-school.aspx>



DONCASTER
SECONDARY COLLEGE