

St Joseph's
CATHOLIC PARISH PRIMARY SCHOOL **BULLI**
Truth and Light

21 March 2022

Dear Parents/Carers

2022 SCHOOL CROSS COUNTRY CARNIVAL INFORMATION

This year our school Cross Country carnival will be held on **Thursday 7 April (Week 11)** at Bulli Park. For those families who are new to the school, the Cross Country Carnival serves two purposes. It is part of the school's Physical Education Program and as a result, all students are expected to attend. If there is a medical reason why your child cannot attend the Carnival, please let the class teacher know. During Physical Education lessons students will prepare and train for this event so they are familiar with the course. The second purpose of the Cross Country Carnival is to select a group of students to represent St Joseph's at the Diocesan Cross Country Carnival. Our ultimate goal is that the day is enjoyed by all students, staff, and parents. We are thrilled that we can enjoy this school event as a whole school community in 2022!

Competitive Cross Country: Optional for students 8-13 years of age.

For age divisions 8-13, we are aware that some students would like to participate competitively in the Cross Country by running the **2km** course. The 2km competitive event would give participants the opportunity to be Age Champion with the top 3 students receiving ribbons. The top 3 girls and boys in events 1 -5 (listed below) will be selected in the SJB Squad to represent at the Diocesan carnival. We encourage all students to participate if they wish. All students will attend the Cross Country Carnival in their house to cheer on competitors and lift team spirit.

Competitive Cross Country: Compulsory for students aged 7 and under.

Students aged 7 and under will **all** compete in a competitive shorter course (See image 2 below) and all of Kindergarten will compete on a modified, competitive short course under 1km (See image 3 below). **We are looking forward to cheering them on as they do their best!**

Colour Fun Run

Once the Cross Country Carnival is completed all students from K-6 will enjoy the P&F Colour Fun Run. Sponsorship cards will soon be sent home along with further information.

Cross Country Carnival Information

The carnival is scheduled to start at 9.30 am. Students will come to school in the morning as normal and walk over to the park with their class ready to race. Kindergarten and Year 1 students will remain at school until 10:50 am when they will join the rest of the school at the park.

Order of Races

- | | |
|-----------|---|
| Event 1: | 12/13 years competitive 2km (2 laps - see image 1) |
| Event 2: | 11 years competitive 2km (2 laps - see image 1) |
| Event 3: | 10 years competitive 2km (2 laps - see image 1) |
| Event 4: | 8/9 girls competitive 2km (2 laps - see image 1) |
| Event 5: | 8/9 boys competitive 2km (2 laps - see image 1) |
| Event 6: | 7 and Under Girls competitive (Shorter course- see image 2) |
| Event 7: | 7 and Under Boys competitive (Shorter course- see image 2) |
| Event 8: | Kinder Girls competitive (Shorter course - see image 3) |
| Event 9: | Kinder Boys competitive (Shorter course - see image 3) |
| Event 10: | Colour Fun Run |

Please note Students aged 8 and 9 years race together as the one event. 8 year olds are eligible to represent the school at the Regional Carnival in this combined age group. Age medals are still awarded to 8 years and 9 years separately.

Recognition

- For every competitive **2km** race, Under 7's and Kinder race, 1st place will receive a medal and 2nd and 3rd place will receive a ribbon.
- Placings in these competitive events will determine our Cross Country House Champions.

What to wear and bring

- Students can wear their sports uniform, with a coloured t-shirt representing their house colour or clothes suitable for the Colour Run. E.g White shirt or clothes that can get 'coloured!'
- Hat and sunscreen are recommended.
- Students can accessorise with house colours (optional). E.g. wig, tutu, tie etc. Safety considerations must be considered if a student is wearing accessories on the course.
- Students who require asthma puffers are to bring their own puffer on the day.
- Students are to bring a packed recess, snacks and lunch, plenty of drinks, preferably water. Students may bring a blanket to sit on.
- **NO metal running spikes are allowed to be worn. (Joggers or Cross country style runners/waffle shoes are permitted)**
- NO electronic devices are to be brought to the carnival.

Diocesan Cross Country

The first 3 place getters in the 8/9 year, 10 year, 11 year and 12/13 year events will represent our school at the Diocesan Carnival. Students who place 4th and 5th in these age groups are reserves, in case of sickness or injury.

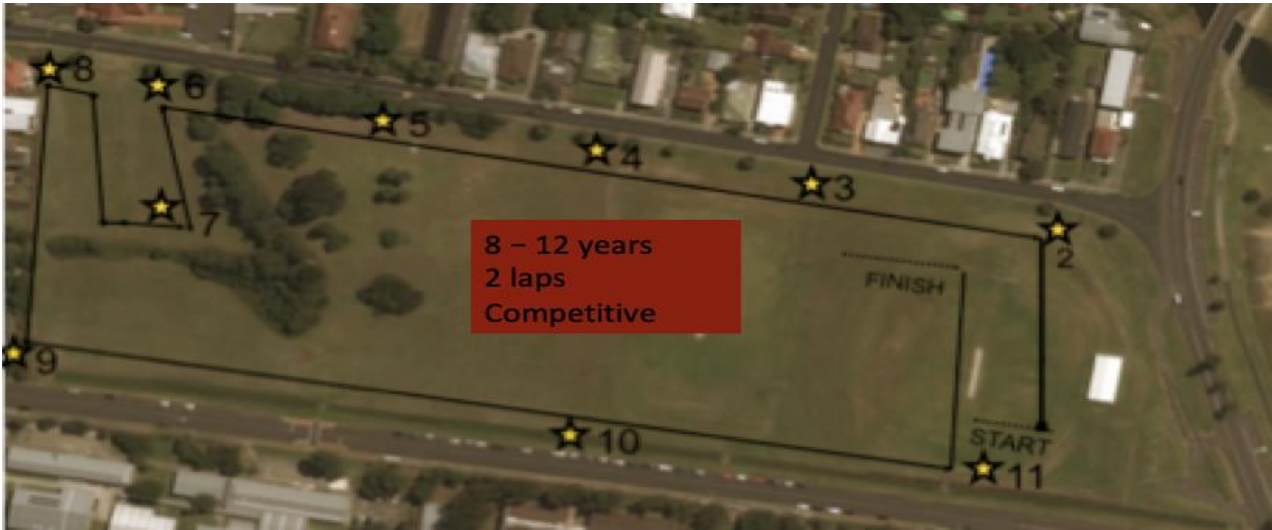
We are now calling on **parent helpers to assist at our carnival**. If you are able to help please indicate in the questions tab via the COMPASS Parent Portal Consent which is to be complete by **Monday 28 March**.

Yours Sincerely

Mrs Kylie Grose & Mrs Christine Smith
(Sport Coordinators)



Maps:



NOTE; These course maps are a guide and may be altered at the discretion of the convenor on the day for safety reasons.

