

PARENTS BUILDING SOLUTIONS

For parents, step-parents, grandparents & carers
of children aged 3 - 13 years



Join us in an interactive program to share experiences and ideas, and learn strategies to support your child

ARE YOU TIRED OF YELLING?

How to get kids to listen, without having to yell

DEALING WITH ANGER

Helping parents, and kids, deal with anger and frustration

RESPONDING TO BEHAVIOUR

Better understand why children behave the way they do

STRATEGIES THAT WORK

How can parenting be easier and more fun!

DATES: Tuesday evenings
30th July to 27th August 2019
(5 weeks)

TIME: 6.30pm – 9.00pm

WHERE: Autumn Place Community Hub
29 Autumn Place
Doveton

COST: **FREE** – Bookings Essential
Refreshments provided

BOOKINGS AND ENQUIRIES:

Sandra Phillips at ParentZone
03 9781 6744 or call/text 0447 500 355
sandra.phillips@anglicarevic.org.au



Supported by the City Of Casey