

St James Brighton Primary School



Term 2 Years 4-6 Physical Education 2019

During Term 2 students in year 4-6 will continue their focus on invasion sports including netball and football (AFL). Invasion sports give students the opportunity to work both offensively and defensively. As well as learning the skills of teamwork, keeping possession, scoring and defending. Student will also continue to learn the skills of Volleyball.

Week 1-4

Netball during weeks 1-4 will focus on continuing to improve the fundamentals of the game such as passing and catching. We will practice a number of different passes such as; chest, lob, bounce and shoulder which students will then learn how to use in different game situations. We will also introduce intercepting, anticipating play and shooting. As well as understanding the rules during the game.



Week 5-8

During weeks 5-8 we will be focussing on AFL. Students will learn the fundamentals such as kicking, trapping, marking, handballing and goal scoring, however; students will also learn team strategies and continue to understand how invasion games work.



Week 9-10

Volleyball is a team sport that requires object control and cooperation with your teammates. Students must learn to coordinate a series of movements together to create success. Students will learn how to server, dig, set and spike as well as the fundamental rules and movement required.



Specialist Timetable

| | | 9 - 10 | 10 - 11 | Recess | 11.30 - 12.30 | 12.30 - 1.30 | Lunch | 2.30 - 3.30 |
|-------------|------------------|------------|-------------|--------|---------------|--------------|-------|--------------|
| Mon | Art | 4C | Release Art | | 5C | Year 6 | | 5M |
| | Perf Arts | Release PA | 4C | | Year 6 | 5M | | 5C |
| Tues | Art | Year 2 | Prep | | Year 1Q | Year 1 | | 3 |
| | Japanese | Year 1 | 4C | | 3 | 2 | | Prep |
| | PE CK | Prep | 3 | | Year 1 | Year 1Q | | 2 |
| | PE GM | 4C | Year 6 | | Release GM | 5M | | 5C |
| | | 9 - 10 | 10 - 11 | Recess | 11.30 - 12.30 | 12.30 - 1.30 | Lunch | 2.30 - 3.30 |
| Mon | Art | Year 1Q | Year 1 | | Prep | 2 | | 3 |
| | Perf Arts | Year 1 | Year 1Q | | 2 | 3 | | Prep |
| Tues | Art | 5C | Year 6 | | 5M | Release Art | | 4C |
| | Japanese | Year 1Q | 5M | | 5C | Year 6 | | Release LOTE |
| | PE GM | | 5C | | Year 6 | 4C | | 5M |
| | PE CK | Year 1 | 2 | | Prep | 3 | | Year 1Q |

Thank you for your ongoing support,

Georgia McNamara