

MUSIC THERAPY

No musical skills
or experience
required.

SERVICES FOR YOUR FAMILY AT
PLAY EDUCATE, MONTY 3094

**LIMITED SPACES AVAILABLE - ALL AGES - NDIS* SERVICES
PROVIDED BY HIGHLY TRAINED REGISTERED
MUSIC THERAPISTS.**

WE SPECIALISE IN AUTISM, ADHD, TRAUMA, ANXIETY,
NEUROREHAB
AND ALL OTHER DISABILITIES AND MENTAL HEALTH CONCERNS

Music Therapy programs at Play Educate are uniquely
designed to meet peoples' goals through
fun and engaging interventions.

Music Therapy can support:

Better social & communication skills
Self-Regulation
Developing gross & fine motor skills
Reducing anxiety & stress
levels
Improving therapy engagement

Highly interactive sessions can include:

- Playing instruments
- Song writing
- Moving to music, singing
- Listening to live music

GET IN TOUCH

Suite 3/39 Grand Boulevard, Montmorency VIC 3094
(Next door to the Boots & Barley Cafe)

Telephone 1300 966 996
Email hello@playeducate.net
[HTTPS://playeducate.net](https://playeducate.net)

*SELF-MANAGED & FINANCIAL INTERMEDIARY PARTICIPANTS

PLAY EDUCATE

ART THERAPY

No referral
required

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**LIMITED SPACES AVAILABLE - ALL AGES - NDIS* SERVICES
PROVIDED BY POST GRAD MENTAL HEALTH PROFESSIONALS**

WE SPECIALISE IN AUTISM, ADHD, TRAUMA,
ANXIETY, FAMILY CHALLENGES, TRANSITIONS
AND OTHER DISABILITIES AND
MENTAL HEALTH CONCERNS

Art Therapy can support:

Self-Regulation

Working on issues challenging to discuss

Builds confidence and self efficacy

Reducing anxiety & stress levels

Improving therapy engagement

Process emotional changes and trauma

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CHALLENGES, TRANSITIONS
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"IN PLAY THERAPY, TOYS ARE LIKE THE CHILD'S WORDS AND
PLAY IS THE CHILD'S LANGUAGE." (Garry Landreth)

Play Therapy can support:

Self-Regulation

Builds confidence and self efficacy

Reducing anxiety & stress levels

Improving therapy engagement

Process emotional changes and trauma

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