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Celebrity Talk

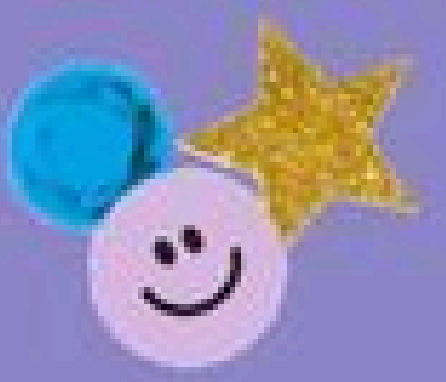


BIG

HAPPIER



ENOUGH
FOR YOU



DeJa Vu



DRIVERS
LICENSE



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Hellooooo

Shhh...

drama ✨ ✨ ✨

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Whats going on with Cannes security guard seen shooing Kelly rowland and other celebs?



While stars took center stage at the Cannes Film Festival, which took place between May 14th and 25th, the stars weren't the only ones that made headlines. A security guard also got in on the action. When the same security guard made interactions with actor and former Destiny's Child singer Kelly Rowland, Dominican actor Massiel Taveras, Korean actor and K-pop star Yoona, and Ukrainian model Sawa Pontyjska, the interactions went viral at the famed French Festival. So, was this a target of women of colour, or was the security just doing her job?

The first incident happened on the 21st of May with Kelly Rowland. Rowland, 43, was ascending the famous red steps in the Palais des Festivals when a security guard extended her arm behind Rowland's back, appearing to guide her up the stairs. As normal, Rowland had paused to turn around and wave at the crowd, at this given moment the security guard barred Rowland with her arm. Rowland continued up the stairs but stopped to address the security guard, pointing forcefully and seeming to be speaking firmly. Rowland had said "There were other women that attended that carpet who did not quite look like me, and they didn't get scolded or pushed off or told to get off," she added, "I stood my ground, and she felt like she had to stand hers, but I stood my ground." Rowland seemed to suggest this was an act of discrimination. I agree with Rowland. First considering that Rowland was a woman of colour, the security guard seemed to have a problem with that. Rowland had been doing everything other women were, yet she got treated differently because she didn't quite look like the rest of the other women. This was an act of discrimination the security guard clearly showed.

The second incident with Dominican actor Massiel Taveras happened on May 22nd when she clashed with the same security guard attending a "The Comte De Monte-Cristo" screening. Taveras had paused on the red steps to display the extra-long train of her white gown, which featured an image of Jesus Christ. The same security guard can be seen touching Taveras' arm and trying to prevent her from posing and waving to the crowd. At this point, Taveras appeared to grow agitated and pushed the guard away. You can't blame her for doing that. I would've done the same, the security guard was like a hawk around her, preventing her from doing what she was meant to do. Adding to this, Massiel Taveras was Dominican, a woman of color she was treated differently because of her cultural background just like Rowland. I think the security guard was treating her differently just because she wasn't your typical whatever the security guard likes kinda girl which is messed up. Like, you can't just treat another celeb differently from another just because they come from different cultures and countries.

Not on buddy, I'm very disappointed. And finally, on May 25th, a video had circulated on social media of an interaction between the same security guard and Korean pop-star & actor Yoona. Yoona, 33, unfolded in a similar way to the incidents with Rowland and Taveras. The singer paused to wave to the crowd on the iconic Cannes stairs, at which point the same security guard raised her arm and appeared to hurry her along, like bro leave her alone. She ain't doing nothing wrong... They exchanged no heated words after the incident and Yoona didn't address it publically afterwards. But, some fans did address it on social media afterwards. AS THEY SHOULD. Bro i have had just about enough of the security guard targeting celebs from different cultures. I hope they did something about her, GOD. But anyways, thats all for today! What do you guys think about this issue? And remember to always stay tuned for more celebrity talk :) see yaaaa.



Sabrina Carpenter's viral 'Short n' Sweet' smoothie

Sabrina

Sabrina Carpenter went viral not only when she released her new album but also for her new smoothie which was named "short n' sweet". Cute. But what exactly was in this smoothie that made it go stupid viral? Furthermore, it has to be a good smoothie for everybody to fall in love with it right? First to figure out if this apparent delicious & flavourful smoothie is good, we have to know what a smoothie should be. First, a good smoothie should have perfectly balanced ingredients - let me explain. A smoothie should harmoniously blend fruits, vegetables, and a liquid base. The flavours of the ingredients should complement each other, it's kinda like you can use all fruit, nothing wrong with that but if you proceed to add your liquid base - which can be anything from water, to juice, to milk - but let's say you decide to add very sweet orange juice, it would taste good but you would basically have diabetes in a cup. Congratulations :). But a perfectly blend of ingredients should create a delightful mix of sweetness, tartness, and richness that tantalises your taste buds. But flavour isn't the only thing that makes a smoothie good, it should also be rich in nutrients. The best smoothies pack a powerful nutritional punch. Your body should also be benefiting from your marvellous creation. You could incorporate wholesome ingredients like protein - rich yogurt, nut butter, or a scoop of protein powder if you're too lazy and alongside these ingredients, healthy fats from avocado or flaxseeds (no offense but I don't really like the sound of flaxseeds inside a smoothie but hey at least your body would benefit from it) Yayyy. Ok now that we have gotten what a smoothie tastes like, let's talk about what kind of texture a smoothie should be - because let's be honest, you could have made a very delicious very nutritional smoothie but you don't know how to use a blender and it comes out lumpy. If the texture of the smoothie isn't correct, I hate to break it to you but nobody would drink it ... Sorry, buddy. So with all that said, let me tell you what kind of texture a smoothie should consist of. A smoothie should have a silky smooth texture. A great smoothie should glide smoothly on your palate. Achieving this velvety smooth texture requires thorough blending and the use of frozen fruits and veggies that seamlessly mix ensuring an enjoyable experience with every sip. And not only do frozen fruits offer a thick silky smooth texture, they taste great on a summer's day. But I also want to point out that, yes, I admit some frozen fruits contain extra sugar but it's only because the syrup from the fruits leak out which end up tasting sweeter than the fruit itself. But that's not the kind of sugars you shouldn't put in a smoothie, oh no, the kind of sugars that you should avoid are the artificial ones. While fruits naturally sweeten your smoothie, avoid adding excessive sugars and syrups. A truly great smoothie derives its sweetness from fresh ingredients without relying on unhealthy additives. Talking about freshness, the last I want to point out is that freshness is key; you should opt for fresh ingredients whenever possible for the most vibrant taste and maximum nutritional