

Water for life



Water is a part of life. Plants need it to grow, people need it to function and live and fish swim in water.

Fish and animals

They live in water and if fish stay out of water for too long they won't survive. Lots of animals drink water too and animals cool down in water. Amphibians are cool too; they stay out of water longer than fish.

Plants

Plants need water too, some plants need less than others like cactus. If plants don't have water to drink they will die.

Humans

Humans need water to live. Water helps boost energy. Water regulates body temperature. Water hydrates the body.

