

PARENT WORKSHOP

DR JUSTIN COULSON

10 THINGS EVERY PARENT NEEDS TO KNOW

Kick off your weekend with complimentary champagne and cheese on arrival and enjoy some parenting inspiration.

Who should attend this workshop?

Parents or carers who want to learn how to raise their children in positive ways.

What will I learn?

Drawing on positive psychology, this workshop will give simple and effective strategies for the key issues parents of young children face in everyday family life, to make parenting easier.

Who is Justin Coulson?

Dr Justin Coulson is one of Australia's most respected and popular parenting authors and keynote speakers. He aims to boost wellbeing and improve family relationships by addressing the issues that matter most to families today.

Friday 17 August

6:00pm – 8:00pm

The Arena

700 Bourke Street, Melbourne

Cost: \$20.00

Do I need to book?

Yes, book online at

ku.com.au/parentworkshops

Can I bring my children?

All sessions are for parents or carers only. Please make alternate child care arrangements.



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